

WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit

COMMUNICATION



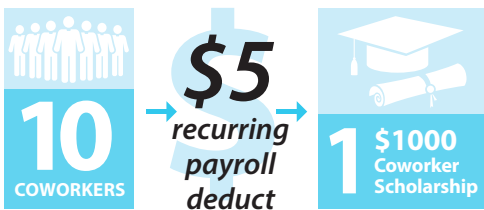
Featured Pic: Sodexo's Executive Chef Frédéric Mercier, a global chef from France, and our very own Sodexo staff, pose for a photo after preparing lunch for the Infirmary coworkers. For more info on Chef Fred's visit to the Infirmary, visit onespiritblog.com

October 9, 2017



2018 CHI St. Vincent Coworker Campaign

How many coworkers does it take to fund a scholarship?



New on OneSpiritBlog.com

Together We Change Lives - Support the Coworker Campaign!

When you make a donation to the 2018 Coworker Campaign, you make a difference in the community - no matter what amount you give! The best part about giving, is that you can decide how your donation is used!

Programs you can support include: Coworker Scholarships, Coworkers in Need, Volunteers in Medicine and CHI Community Clinics.

Simply fill out your Coworker Campaign brochure and return it to the Foundation office or make your contribution online. Thank you for supporting your peers and our patients through this program. If you have any questions, please contact the Foundation office at **501.552.2380**. **DEADLINE FOR GIVING IS DECEMBER 1, 2017.**

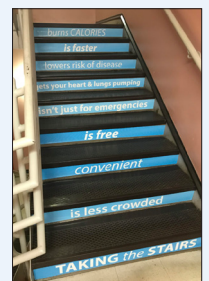
Leaders Celebrate 60th Anniversary of Little Rock Nine

We sponsored the kick off breakfast for the Little Rock Nine 60th anniversary celebration at the Capital Hotel's Quapaw Parlor. Market CEO Chad Aduddell and Aaron Austin, vice president of Human Resources, attended the event. Monday, Sept. 25 marked the anniversary of the integration of Central High School, when nine African-American students, under the protection of military escorts, entered the formerly all-white school.

Your step goal just got easier to complete

Walking paths at each of our hospital facilities were launched during Heritage Week. Over the last year, the Healthy Spirit team spent time mapping, walking, and designing graphics for each of the nine walking paths across Hot Springs, Infirmary, North and Morrilton. Paths range in length, but are all under .06 mile. If you are planning a walk, expect the average path to take you 5-10 min. depending on path length and your speed.

Included in our roll out of walking paths is updated stairwell graphics in Hot Springs. These graphics are promoting stairwell awareness and prompt coworkers and visitors about the benefits of using the stairwells around them.



Events *Calendar*

Dillard's Sale (Infirmary)

Date: Nov. 16 (7am – 7pm)
Nov. 17 (7am – 4pm)

Location: Terrace Room

Outreach Opportunities

(GET COMMUNITY SERVICE HOURS)

City of Little Rock Health Fair

Date: Oct. 18 (8am to noon)
Location: Statehouse Convention Center

Benton School District Wellness Exams

Date: Oct. 12 (8am-3pm)
Oct. 19 (8am-3pm)
Location: Benton High School

Contact: Tiffani Butler, 501.442.5523

Our Lady of Good Counsel Catholic Church

Date: Oct. 14 (1-4pm)
Oct. 15 (11:30am-2pm)
Location: 1321 S Van Buren St., Little Rock, AR
Contact: Deborah Meiklejohn,
501.552.481

Share

Content for OneSpirit, including blog, photos and weekly (this publication), can be submitted to:

webmaster@stvincenthealth.com

WE'VE INSTALLED NEW WALKING PATHS!

Check out one of the indoor or outdoor paths on your campus today. Most paths begin outside the main lobby.

together
we're
healthier

1/4
MILE

NOVEMBER COWORKER FORUMS

Updated 10/6/17

Come to the next coworker forums led by facility leadership.

HOT SPRINGS Dublin Room

Monday, Nov. 6

3pm

Tuesday, Nov. 7

2:30pm

Wednesday, Nov. 8

7:30am

1pm

2:30pm

Thursday, Nov. 9

11am

1pm

Friday, Nov. 10

7:30am

1pm

5:30pm

Saturday, Nov. 11

7:30am

Monday, Nov. 13

7:30am

2:30pm

Monday, Nov. 14

3:30pm

Wednesday, Nov. 15

7:30am

2:30pm

Thursday, Nov. 16

7:30am

11am

2:30pm

Friday, Nov. 17

7:30am

1pm

MORRILTON Cafeteria

Sunday, Oct. 29

6:30am

7:15 am

Monday, Oct. 30

6:30am

7:15am

11am

Thursday, Nov. 2

6:30am

7:15am

11am

Friday, Nov. 3

6:30am

7:15am

11am

INFIRMARY Terrace Room

Monday, Oct. 30

10:30am

1pm

2pm

3pm

4pm

Tuesday, Oct. 31

4:30am

5:30am

7am

Wednesday, Nov. 1

10:30am

3pm

5pm

7pm

Friday, Nov. 3

10:30am

1pm

3pm

4:30pm

Saturday, Nov. 4

4:30pm

Sunday, Nov. 5

8pm

9pm

Monday, Nov. 6

7:15am

10:30am

Tuesday, Nov. 7

7am

5pm

NORTH Admin Conf. Room

Thursday, Nov. 2

7:15am

10:30am

3pm

6:15pm

Friday, Nov. 3

7am

11am

Saturday, Nov. 4

6:30pm

Monday, Nov. 6

10:30am

6:15pm

Tuesday, Nov. 7

7am

MEDICAL GROUP

Central Arkansas

Tuesday, Nov. 7

Chenal Clinic - Noon

Wednesday, Nov. 8

North Admin Conf. Room

Noon

Morrilton Hickey Building

4pm

Thursday, Nov. 9

University Clinic - Noon

Lonoke Clinic - Noon

Conway Interfaith Clinic - 4pm

Friday, Nov. 10

Diabetes/Endo/Surgery Clinic
3:30

Tuesday, Nov. 14

Parkview, Suite 450 - Noon

Wednesday, Nov. 15

Jacksonville Clinic - Noon

Thursday, Nov. 16

University Clinic - 4pm

Hot Springs

Wednesday, Nov. 1

Conv. Care McGowan - 6:30am

South Campus - Noon

270 West - 4pm

Thursday, Nov. 2

Women's Center - Noon

Glenwood - Noon

Friday, Nov. 3

South Campus - Noon

Wednesday, Nov. 8

70 West - 4pm

Thursday, Nov. 16

MOB Suite 506 - Noon

HSV Front Gate - Noon

HEART INSTITUTE BREAKROOMS

HCA - Kanis

Thursday, Nov. 9

8:30am

Friday, Nov. 10

Noon

Tuesday, Nov. 14

3pm

Friday, Nov. 17

8:30am

HCA - University

Wednesday, Nov. 15

3pm

HCA - North Little Rock

Thursday, Nov. 16

Noon

HCA - Hot Springs

Friday, Nov. 17

Noon

Cardiovascular Surgeons - LR

Tuesday, Nov. 14

9:30am

ILOM-14-10-17



THE AMAZING RACE EDITION