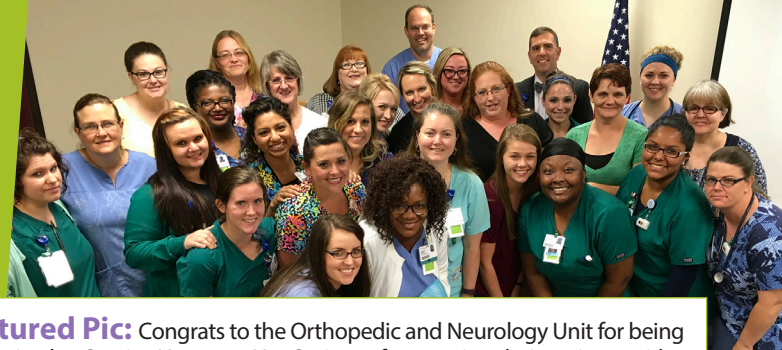


WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit
COMMUNICATION



Featured Pic: Congrats to the Orthopedic and Neurology Unit for being recognized as Service Heroes at Hot Springs after treating their patients with the utmost compassion and care time and time again. **You all rock!**

July 17, 2017

Calendar

Events/Opportunities

Linen Sale (Hot Springs)

Date: July 20-21

Location: Mercy Room

Retail Concepts (Infirmery)

Date: August 21-22 (7am-4pm)

Location: dePaul Room

Coworker Perks



Razorback Football Discount Tickets

Visit onespiritblog.com/perks for more info.

Featured Gym Discounts

Hot Springs

- **YMCA:** Enrollment fee of \$75 waived once in 24 months when set up monthly draft.

Discounted single/family rates.

Little Rock & North Little Rock

- **LA Fitness:** Will waive the \$199 enrollment fee. Worldwide access to all facilities with amenities.

Discounted single/family rates.

New on OneSpiritBlog.com

Enter to Win Carpool Karaoke Summer Contest

We've had a handful of submissions by teams for our Carpool Karaoke contest, **which ends July 31**. In early August, we'll do an online vote of your favorite submissions. The prize is a pack of tickets for the Razorbacks game in late August or a private Travelers (air conditioned!) box. We've heard rumblings of many teams putting on their creative hats; and now the deadline is just a couple of weeks out. **Submit your video soon!**

It Is All About You: Find Out More In The New Issue Of SPIRIT

Supercharge your well-being this summer using the helpful information in the Summer 2017 issue of CHI's SPIRIT magazine, now arriving in your home mail boxes.

This issue features an in-depth look at pre-retirement planning and how you can get help from Fidelity's retirement planners. You can also learn about our new performance management system, get ideas for making the most of summer, find out how your coworkers make a dollar go farther at the grocery store, and much more.

Linda Mullins Recognized as a Service Hero at Infirmery

Linda put our values into action by demonstrating **EXCELLENCE** after acting quickly when a patient began choking. *Read a snip from her nomination:*

While waiting for one of my infusion treatments, I started choking, couldn't breathe, couldn't dislodge whatever was in my throat. It was one of the most frightening things in my life. The next thing I knew, I was picked up from behind and was looking down at the junk I had just thrown up on myself and the floor. Ms. Linda Mullins, who works in the lab, did a pile driver number on me and saved me from what would have been something very terrible. I'd rather have another heart attack and surgery than go through that again. I thank this very special woman for acting as she did. She's a very fine worker in the lab, and can always depend on what she tells me.



2017 Brain Injury Conference

Benton Event Center
Friday, August 11
8am - 4:30pm



Share

Content for OneSpirit, including blog, photos and weekly (this publication), can be submitted to:

webmaster@stvincenthealth.com

HEALTHY SPIRIT WEBINARS



**In under 20 minutes,
earn cash toward your
health account contribution.**

AUGUST COWORKER FORUMS

Updated 7/3/17

Come to the next coworker forums led by facility leadership.

HOT SPRINGS Dublin Room

Monday, Aug. 7

7:30am
1:30pm

Wednesday, Aug. 9

7:30am
2pm

Thursday, Aug. 10

7:30am
11am
2:30pm

Friday, Aug. 11

1pm
2:30pm

Saturday Aug. 12

7:30am

Monday Aug. 14

7:30am
2pm

Wednesday Aug. 16

7:30am
2:30pm

Thursday Aug. 17

11am
1pm
2pm

Friday Aug. 18

7:30am
2pm

NORTH Admin Conf. Room

Thursday, Aug. 17

7:15am
10:30am
3pm
6:15pm

Friday, Aug. 18

7am
11am
6:15pm

Saturday, Aug. 19

6:30pm

Monday, Aug. 21

11am

Tuesday, Aug. 22

7am

INFIRMARY Terrace Room

Monday, Aug. 14

10:30am
1pm
2pm

Tuesday, Aug. 15

4:30am
5:30am
7am
3pm
4pm

Wednesday, Aug. 16

10:30am
3pm
5pm
7pm

Friday, Aug. 18

7am
10:15am
Noon
1:30pm
3:30pm

Saturday, Aug. 19

4:30pm

Sunday, Aug. 20

8pm
9pm

Monday, Aug. 21

7:15am
10:30am

Tuesday, Aug. 22

7:15am

MORRILTON Cafeteria

Monday, Aug. 21

6:30am
7:15am
11am

Thursday, Aug. 24

7:15am
11am

Friday, Aug. 25

6:30am
11am

Saturday, Aug. 26

6:30am
7:15 am

MEDICAL GROUP

Little Rock

Thursday, Aug. 3

University Clinic
Noon

Thursday, Aug. 10

University Clinic
Noon

Chenal Clinic

4pm

Friday, Aug. 11

Diabetes/Endo & Surgery Clinic
3:30pm

Monday, Aug. 14

Infirmiry (Terrace Room)
11:45am

Hot Springs

Monday, Aug. 7

Dublin Room
Noon

Wednesday, Aug. 9

Conv. Care Clinic McGowan
6:30am

Glenwood Clinic

11:30am

South Campus

4pm

Friday, Aug. 11

70 West Clinic
7:30am

270 West Clinic

11:30am

Wednesday, Aug. 23

South Campus
Noon

Thursday, Aug. 24

Hot Springs Village Front Gate
Noon

North

Thursday, Aug. 17

Admin Conf. Room
12:30pm

Morrilton

Wednesday, Aug. 16

**Hickey Building @
Morrilton campus**
Noon

HEART CLINIC

ARKANSAS Breakrooms

HCA – Kanis

Thursday, Aug. 10

8:30am

Friday, Aug. 11

Noon

Tuesday, Aug. 15

3pm

Wednesday, Aug. 23

8:30am

HCA – North University

Wednesday, Aug. 16

3pm

HCA – North Little Rock

Thursday, Aug. 17

Noon

HCA – Hot Springs

Friday, Aug. 18

Noon

Cardiovascular Surgeons – Little Rock

Tuesday, Aug. 15

9:30am

LIVING OUR MISSION

JOURNEY

