

WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit
COMMUNICATION



Featured Pic: Coworkers who have served in the United States military attended a luncheon on Friday, Nov. 10 at the Infirmary. The event, hosted by Auxiliary and Volunteer Services, featured U.S. Air Force Lieutenant Col. Garringer and a Color Guard presentation.

November 13, 2017

Flu Shot Clinics



Coworkers are required to get a flu shot by Dec. 8

Visit onespiritblog.com to see after hours schedule

Calendar

Events

Dillard's Sale (Infirmary)

Date: Nov. 16 (7am – 7pm)
Nov. 17 (7am – 4pm)

Location: Terrace Room

Arkansas Razorbacks Christmas Sale (North)

Date: Nov. 30 (7am – 7pm)
Dec. 1 (7am – 3pm)

Location: Regions Room

Ongoing RN Opportunities

(CLINICAL LADDER VOLUNTEER SERVICE HOURS)

Quality Audit Project for Hot Springs

Contact: Trish Gould, RN, Infection Preventionist, trishgould@stvincenthealth.com, 501.622.1083

American Red Cross Blood Services

Contact: Annette Arthur, annette.arthur@redcross.org, 501.614.4435 or Tonya McNair, mcnairtw@usa.redcross.org, 501.614.4478

Share

Content for OneSpirit, including blog, photos and weekly (this publication), can be submitted to:

webmaster@stvincenthealth.com

New on OneSpiritBlog.com

Celebrate Movember by Sharing Your Health Tips

We are celebrating Men's Health all Movember long!

Movember is a global movement committed to men living happier, healthier, longer lives. For more than 14 years, millions have joined the movement raising awareness for men's health, including prostate and testicular cancer, mental health and physical inactivity.



Visit onespiritblog.com to tell us how you or the man in your life stays healthy all year! It can be as simple as brushing your teeth everyday or getting an annual flu shot.

Throughout the month, we are encouraging men to see their primary care doctor and get a check-up. You can also catch-up on relevant health topics during one of our Wear the Gown segments on THV 11 on Nov. 20!

Hot Springs Hosts Poinsettias and Pancakes Fundraiser

Hot Springs is hosting its annual Poinsettias and Pancakes fundraiser to benefit Relay for Life. Poinsettias are \$20 for an 8" poinsettia, and will be delivered on Friday, Dec. 1. On Saturday Dec. 2 in the Cafe, bring your family for breakfast and a photo with Santa. Cost is \$10 per person. Reserve your spot now!

To order a poinsettia or reserve your spot at breakfast, call Jenny Ford at 501.622.3991 or Adam Jarrett at 501.622.1918.

The Joint Commission LVAD Survey Scheduled for Nov. 20-21

The Heart Institute team at the Infirmary is preparing for an upcoming survey from The Joint Commission to review our LVAD (Left Ventricular Assist Device) program on Monday, Nov. 20 - Tuesday, Nov. 21. The day-and-a-half survey will review our quality and regulatory standards for this advanced cardiac program.

Use Your FSA Money Before Time Runs Out!

The money in your FSA does not roll over year to year. The due date to use your money is approaching. Be sure to get the most out of your FSA by using all your funds.

Typical spending accounts require that you use your funds by the end of the year (Dec. 31). With CHI you have a grace period until March 15, 2018 to use your 2017 money.

If you enrolled in the 2018 HDHP/HSA, special rules apply. Visit onespiritblog.com/2017-FSA for more details.



Together We Give

Together we help those in need



2018 CHI St. Vincent Coworker Campaign

How many coworkers does it take to fund a scholarship?



10
COWORKERS

\$5
recurring
payroll
deduct



1 \$1000
Coworker
Scholarship

Coworker Sharing Fund

We all need help from time to time. And for those unexpected times of need, it's nice to know we have a fund set aside to help our own. Any coworker is eligible to apply. The fund is for coworkers, managed by coworkers.



Enrollment deadline soon!

December 1, 2017

Prefer to make a gift online?

Go to the Insider and click on the Coworker Campaign Link

Volunteers in Medicine

Our clinics in Little Rock and North Little Rock provide free health care and prescriptions to more than 2,500 patients yearly.



CHI
St. Vincent

10,000



Community Clinics

Our clinics in Little Rock, Hot Springs and Conway serve more than 10,000 patients a year who pay on a sliding scale basis.