

My Healthy Spirit EXPOS



Visit booths to learn about benefits, discounts, and wellness perks.

Week of October 2-10

Oct. 2 - North (Admin. Conference Room) 6:30am – 2pm

Oct. 4 - Morrilton (Employee Dining Room) 7am – 3pm

Oct. 6 - Hot Springs (Mercy/McAuley Room) 7am – 3:30pm

Oct. 10 - Infirmary (Terrace Room) 7am – 3:30pm

Flu Shots Clinics



Monday-Friday, Oct. 9-Dec. 8

(To see afterhours clinic schedule, check OneSpiritBlog.com)

Coworkers are required to get a flu shot by Dec. 8.

Hot Springs

7am – 3pm

Employee Health (Human Resources)

Infirmary

7am – 3pm

Employee Health (Human Resources)

North

Infirmary Human Resources

Morrilton

7am – 3:30pm

Employee Health (Human Resources)