

# WEEKLY

Featuring content from the channels of CHI St. Vincent

## onespirit

COMMUNICATION

February 05, 2018



**FEATURED PIC:** Thanks to all our coworkers who participated in Wear Red Day, including the team from the Sherwood Primary Care Clinic. Celebrate Heart Month with us throughout February!

## Find more online!

Visit [onespiritblog.com](http://onespiritblog.com) for all coworker stories & photos.

## Must-Know

### Infirmiry Magnet Site Visit Scheduled for April

The Infirmiry has been awarded an upcoming Magnet Site Visit to be held on April 4-6 by the American Nurses Credentialing Center (ANCC).

The Site Visit is the final step in the redesignation process. The Magnet appraisers will be on-site to clarify, amplify and verify information that was provided in the written documentation. The site visit is the opportunity for our clinical nurses and care partners to showcase their outstanding care and teamwork.



### OTHER HEADLINES:

[Hot Springs Hosts Chili Cookoff Benefiting Relay for Life](#)

## Well-Being

### Conquering Heart Month with Webinars & Delicious Recipes

New for this year is the opportunity to earn rewards for volunteer activities. For example, you can donate your time at a food bank, help your neighbor by mowing their lawn, walk in a local charitable event or even donate blood. Another easy way to earn wellness dollars is by completing a webinar. Each webinar takes 15-20 minutes and you can earn \$25 per webinar you finish.

### OTHER HEADLINES:

[February Harvest of the Month – Tangerines](#)

[Make the Most of Your 2018 Benefits!](#)

[NEW Webinar: Nutrition Mythbusters](#)

## Events

### COWORKER PERKS

#### Discounted Razorback Basketball Tickets

**Date:** Feb. 17 in Fayetteville vs. Texas A&M.  
Visit [onespiritblog.com](http://onespiritblog.com) for promo code

### VOLUNTEER OPPORTUNITIES

#### Little Rock Marathon Expo Booth

**Dates:** March 2 | 10am-8pm & March 3 | 10am-6pm  
*Volunteers are asked to work 3-hours shifts*

**Location:** Statehouse Convention Center  
101 E Markham St., Little Rock

**Task:** Blood Pressure Checks

**Contact:** Heather Gulley, 501.255.6336

## Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



## Facetime

### Wear Red Day 2018!

Thanks to everyone who sent us their Wear Red Day photos & supported women's fight against heart disease. Show your support by joining in! It isn't too late to send your pics to us at [chistvincent1@gmail.com](mailto:chistvincent1@gmail.com) or through [OneSpiritBlog.com](http://OneSpiritBlog.com).



**Share:** Content for OneSpirit, including blog and photos can be submitted to: [webmaster@stvincenthealth.com](mailto:webmaster@stvincenthealth.com)

# ONESPIRIT FORUMS

Updated 1/24/18

## HOT SPRINGS Dublin Room

### Monday, Feb. 5

1pm  
2:30pm

### Tuesday, Feb. 6

11am

### Wednesday, Feb. 7

7:30am  
2:30pm

### Thursday, Feb. 8

7:30am  
1pm

### Friday, Feb. 9

7:30am  
1pm  
2:30pm

### Saturday, Feb. 10

7:30am

### Monday, Feb. 12

10:30am  
3pm

### Tuesday, Feb. 13

11am

### Wednesday, Feb. 14

7:30am  
11am  
2pm

### Thursday, Feb. 15

7:30am  
11am

### Friday, Feb. 16

7:30am  
1pm

## MORRILTON Cafeteria

### Saturday, Feb. 17

6:30am  
7:15am

### Monday, Feb. 19

6:30am  
7:15am  
11am

### Thursday, Feb. 22

7:15am  
11am

### Friday, Feb. 23

6:30am  
11am

## INFIRMARY Terrace Room

### Wednesday, Feb. 7

10:30am 4:30pm  
2pm 7pm  
3pm

### Thursday, Feb. 8

1pm  
6:15pm

### Friday, Feb. 9

7am  
10:30am  
1pm  
4:30pm

### Saturday, Feb. 10

4:30pm

### Sunday, Feb. 11

9pm  
10pm

### Tuesday, Feb. 13

7am 4pm  
2pm 5pm

### Wednesday, Feb. 14

4:30am 10:30am  
5:30am 4pm  
7am

## NORTH Admin Conf. Room

### Thursday, Feb. 8

7:15 am  
11:30 am  
3 pm  
6:15 pm

### Friday, Feb. 9

7 am  
11 am

### Saturday, Feb. 10

6:30 pm

### Monday, Feb. 12

10:30 am  
6:15 pm

### Tuesday, Feb. 13

7 am

### Wednesday, Feb. 14

6:15 pm

## MEDICAL GROUP

### Central Arkansas

#### Thursday, Feb. 1

**Morrilton** *Hickey Building*  
Noon

#### Friday, Feb. 2

**Diabetes/Endo/Surgery Clinic**  
3:30pm

#### Wednesday, Feb. 7

**Jacksonville Clinic** - Noon

#### Tuesday, Feb. 13

**Chenal Clinic** - Noon

#### Wednesday, Feb. 14

**North** *Admin Conf. Room* - Noon

**Conway Interfaith Clinic** - 4pm

#### Thursday, Feb. 15

**University Clinic** - 11am & Noon

**Parkview, Suite 450** - 11:30am

**Lonoke Clinic** - Noon

### Hot Springs

#### Thursday, Feb. 1

**MOB Suite 506** - 11:30am

#### Tuesday, Feb. 6

**Glenwood** - Noon

**South Campus** - 4pm

#### Wednesday, Feb. 7

**Conv. Care / Business Health /  
Community Care** - 6:30am

**Women's Center** *Women's Clinic Lobby*  
Noon

**70 West** - 4pm

#### Friday, Feb. 9

**Orthopedics** - Noon

#### Wednesday, Feb. 14

**HSV Front Gate** - Noon

**270 West** - 4pm

## HEART INSTITUTE

### Breakrooms

**HCA - Kanis**

#### Monday, Feb. 5

11am

#### Tuesday, Feb. 6

3pm

#### Wednesday, Feb. 7

8:30am

#### Tuesday, Feb. 13

3pm

**HCA - University**

#### Wednesday, Feb. 7

3pm

**HCA - North Little Rock**

#### Thursday, Feb. 8

Noon

**HCA - Hot Springs**

#### Friday, Feb. 9

Noon

**Cardiovascular Surgeons - LR**

#### Tuesday, Feb. 6

9:30am



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