# Featuring content from the channels of CHI St. Vincent



**FEATURED PIC:** Thanks to all our coworkers who participated in Wear Red Day, including the team from the Sherwood Primary Care Clinic. Celebrate Heart Month with us throughout February!

#### February 05, 2018

# Find more online!

## **Must-Know**

#### Infirmary Magnet Site Visit Scheduled for April

The Infirmary has been awarded an upcoming Magnet Site Visit to be held on April 4-6 by the American Nurses Credentialing Center (ANCC).

The Site Visit is the final step in the redesignation process. The Magnet appraisers will be on-site to clarify, amplify and verify information that was provided in the written documentation. The site visit is the opportunity for our clinical nurses and care partners to showcase their outstanding care and teamwork.

# Well-Being

#### <u>Conquering Heart Month with</u> <u>Webinars & Delicious Recipes</u>

New for this year is the opportunity to earn rewards for volunteer activities. For example, you can donate your time at a food bank, help your neighbor by mowing their lawn, walk in a local charitable event or even donate blood. Another easy way to earn wellness dollars is by completing a webinar. Each webinar takes 15-20 minutes and you can earn \$25 per webinar you finish.

#### **OTHER HEADLINES:**

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**Relay for Life** 

**Hot Springs Hosts Chili** 

**Cookoff Benefiting** 

February Harvest of the Month – Tangerines

Visit onespiritblog.com for

all coworker stories & photos.

Make the Most of Your 2018 Benefits!

NEW Webinar: Nutrition Mythbusters

### **Facetime**

#### Wear Red Day 2018!

Thanks to everyone who sent us their Wear Red Day photos & supported women's fight against heart disease. Show your support by joining in! It isn't too late to send your pics to us at **chistvincent1@gmail.com** or through **OneSpiritBlog.com**.









#### Events COWORKER PERKS



**Discounted Razorback Basketball Tickets Date:** Feb. 17 in Fayetteville vs. Texas A&M. Visit onespiritblog.com for promo code

#### **VOLUNTEER OPPORTUNITIES**

#### Little Rock Marathon Expo Booth

- Dates: March 2 | 10am-8pm & March 3 | 10am-6pm Volunteers are asked to work 3-hours shifts
- Location: Statehouse Convention Center

101 E Markham St., Little Rock

Task: Blood Pressure Checks Contact: Heather Gulley, 501.255.6336

#### Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



At its annual banquet, the Greater Hot Springs Chamber of Commerce awarded our Hot Springs hospital the large business of the year award! We are proud to be the most preferred provider of health care in Hot Springs and to offer the latest in technology, including holding the area's only Level II Trauma Center, robotic surgery program and centers of excellence dedicated to heart and vascular services, cancer, diabetes, orthopedics, women's services and wound care. #betterlogether http://bitly/2Gu34Pi



**Share:** Content for OneSpirit, including blog and photos can be submitted to: <u>webmaster@stvincenthealth.com</u>

# **ONESPIRIT FORUMS**

#### Updated 1/24/18

#### HOT SPRINGS Dublin Room

Monday, Feb. 5 1pm 2:30pm

Tuesday, Feb. 6

Wednesday, Feb. 7 7:30am 2:30pm

**Thursday, Feb. 8** 7:30am 1pm

**Friday, Feb. 9** 7:30am 1pm 2:30pm

Saturday, Feb. 10 7:30am

**Monday, Feb. 12** 10:30am 3pm

Tuesday, Feb. 13

Wednesday, Feb. 14 7:30am 11am 2pm

**Thursday, Feb. 15** 7:30am 11am

**Friday, Feb. 16** 7:30am 1pm

#### **MORRILTON** Cafeteria

**Saturday, Feb. 17** 6:30am 7:15am **Monday, Feb. 19** 

6:30am 7:15am 11am

**Thursday, Feb. 22** 7:15am 11am

**Friday, Feb. 23** 6:30am 11am

#### INFIRMARY Terrace Room

 Wednesday, Feb. 7

 10:30am
 4:30pm

 2pm
 7pm

 3pm
 7pm

**Thursday, Feb. 8** 1pm 6:15pm

**Friday, Feb. 9** 7am 10:30am 1pm 4:30pm

Saturday, Feb. 10 4:30pm

Sunday, Feb. 11 9pm 10pm

Tuesday, Feb. 137am4pm2pm5pm

 Wednesday, Feb. 14

 4:30am
 10:30am

 5:30am
 4pm

 7am
 4pm

#### **NORTH** Admin Conf. Room

**Thursday, Feb. 8** 7:15 am 11:30 am 3 pm 6:15 pm

**Friday, Feb. 9** 7 am 11 am

Saturday, Feb. 10 6:30 pm

**Monday, Feb. 12** 10:30 am 6:15 pm

Tuesday, Feb. 13 7 am Wednesday, Feb. 14 6:15 pm

#### **MEDICAL GROUP**

#### **Central Arkansas** Thursday, Feb. 1

Morrilton Hickey Building Noon

Friday, Feb. 2 Diabetes/Endo/Surgery Clinic 3:30pm

Wednesday, Feb. 7 Jacksonville Clinic - Noon

Tuesday, Feb. 13 Chenal Clinic - Noon

Wednesday, Feb. 14 North Admin Conf. Room - Noon

Conway Interfaith Clinic - 4pm

Thursday, Feb. 15 University Clinic - 11am & Noon Parkview, Suite 450 - 11:30am Lonoke Clinic - Noon

Hot Springs Thursday, Feb. 1 MOB Suite 506 - 11:30am

Tuesday, Feb. 6 Glenwood - Noon South Campus - 4pm

Wednesday, Feb. 7 Conv. Care / Business Health / Community Care - 6:30am

Women's Center Women's Clinic Lobby Noon

**70 West -** 4pm

Friday, Feb. 9 Orthopedics - Noon

Wednesday, Feb. 14 HSV Front Gate - Noon 270 West - 4pm

#### HEART INSTITUTE Breakrooms

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HCA – Kanis Monday, Feb. 5 11am

Tuesday, Feb. 6 <sup>3pm</sup>

Wednesday, Feb. 7 8:30am

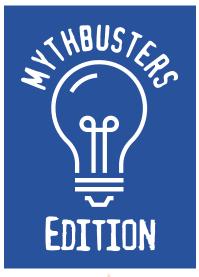
Tuesday, Feb. 13 <sup>3pm</sup>

HCA – University Wednesday, Feb. 7 3pm

HCA – North Little Rock Thursday, Feb. 8 Noon

HCA – Hot Springs Friday, Feb. 9 Noon

Cardiovascular Surgeons – LR Tuesday, Feb. 6 9:30am



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