

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION

February 26, 2018

FEATURED PIC: Thanks to all of our incredible coworkers who helped run the Heart of Hot Springs Heart Fair this year! Pictured above is Dr. Oyidie Igbokidi, with a few of those great coworkers who made this successful event happen.

Find more online!

Visit onespiritblog.com for
coworker stories & photos.

Must-Know

Updated Insider and Policy Platform to Launch March 5

A new version of the Insider (our coworker intranet) will launch next Monday making it easier to find the information you need.

Most of the content and links from the existing Insider will be found on the new site — but in an easier to use format. The new Insider includes a menu along the top with important information, including a tab for departments.



OTHER HEADLINES:

Wear Blue This Friday, For Colorectal Cancer Awareness Month

Well-Being

Well-being Wednesday Event Celebrates Nutrition Month

Join us on Feb. 28, from 11am-12:30pm. To celebrate Nutrition Month in March, well-being team members will hand out the March nutritional information sheet as well as a flyer about the well-being programs for March. Coworkers who stop by will receive a portion-control plate as well as a copy of Well Fed Me.

**Need help
with your
health?**

Arkansas Health Network
Health Coaches
Terry Gartin, RN (left)
and Betsy Cobb, RN (right)

**For more information,
contact Terry at 622.4573
or Betsy at 552.3859**

OTHER HEADLINES:

New App Shares Cafe Menus: "Bite by Sodexo"

Facetime

Gary Jones, DDS, Named North Metro Healthcare Professional of the Year

The smiles in Faulkner County are now a little brighter thanks to Dr. Gary Jones, a dentist who serves the Conway Interfaith Clinic.

Dr. Jones started working at the clinic last summer. In that short time, he has made a significant impact on the region and on his patients, and was recognized as the North Metro Healthcare Professional of the Year. This award recognizes and honors someone committed to excellent service and professional guidance, and who has positively affected the overall quality of health care in the region. Dr. Jones said the work of the Interfaith Clinic is a true team effort to provide oral health services patients that may be unable to afford dental care.



Events

COWORKER PERKS

Show Your St. Vincent Pride

Shop now at chistvincentpopup.com

Final week to place order!

Linen Sale (Infirmary, Terrace Room)

March 14 | 7am – 7pm

March 15 | 7am – 3pm

VOLUNTEER OPPORTUNITIES

Little Rock Marathon Expo Booth

Dates: March 2 | 10am-8pm & March 3 | 10am-6pm

Volunteers are asked to work 3-hour shifts

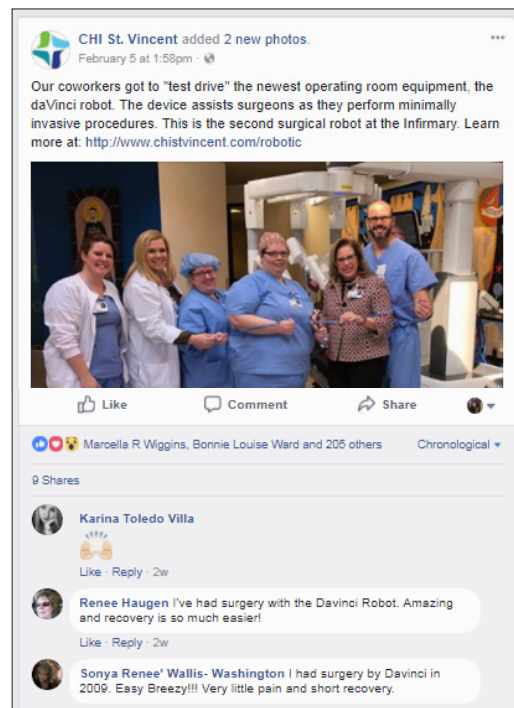
Location: Statehouse Convention Center
101 E Markham St., Little Rock

Task: Blood Pressure Checks

Contact: Heather Gulley, 501.255.6336

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

why should I be a good steward of our resources?

if I prove myself faithful in small things I will be given more and bigger things to be a steward over

because we all have to use what we have been given wisely

the way I allocate my time, effort, and money speaks volumes about my priorities

because together we're stronger

Velma Lee, Morrilton

Integrity

**VALUES
IN ACTION**

Be a good steward of our resources



Be aware of expiration dates; avoid unnecessary expense.

Print only when necessary.

Take only the supplies you need – don't stockpile.

Turn out lights and/or TVs when those resources are not being used.



"I noticed that the milk was going to expire in two days so I moved it to the front so we would use it first"

"Before you order more pens, let me look in my desk, I may have some to spare."



Looks like



Sounds like

onespiritblog.com/values

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