

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION

April 30, 2018



FEATURED PIC: Leaders turn dirt during the groundbreaking of the \$17 million education and research center at North. For more information and photos from the event, view the story below.

Find more online!

Visit onespiritblog.com for
coworker stories & photos.

Must-Know

Leaders Break Ground for ANI's Education & Research Center

North marked a milestone in the expansion of Arkansas Neuroscience Institute with the formal groundbreaking for a \$17 million education and research center. The center will open its doors in early 2019. Along with the groundbreaking we're adding 10 ICU rooms, updated operating rooms, an angiography suite, a new pharmacy and advanced imaging technology including a 128-slice CT scanner and 3T MRI equipment.

OTHER HEADLINES:

[Values in Action Team's
Donation Drive Begins](#)
([View Back For Needed Items](#))

[Celebrate Coworker
Appreciation Week](#)
[May 6-12](#)

Well-Being

Start Your Mindful May Off Right – Wellness Program Tips

In May we introduce the "Be Mindful" challenge. The goal of mindfulness is to train your mind to observe your thoughts and feelings without judgment or criticism. This month we also feature three new webinars that can earn you \$25 each from our friends at Fidelity. Don't forget, you can earn \$75 by completing a Health Assessment on the wellness website anytime before Sept. 28.



OTHER HEADLINES:

[Next Financial Peace
Class Begins June 2](#)

[Using Our Spirituality to
Rediscover Significance](#)

Facetime

Emily Batterton Receives DAISY Award in Hot Springs

Below is a snippet from Emily's nomination:



"She was an excellent nurse. My wife observed this nurse talking to a lonely gentleman who was very emotional. She stopped what she was doing and spoke in a very soft, calming voice, asking him what was wrong. He stated he was just tired of being sick. She listened patiently and comforted him."

Miranda Ragland Receives DAISY Award at Infirmiry

Below is a portion of Miranda's nomination:



"After waiting for a surgical procedure, a patient was going to be delayed further because of a shortage in operative registered nurses and a surgeon conflict. Miranda, who previously worked in the Main OR, stepped in. She took the patient to surgery and completed the intraoperative portion of the patient's care."

Events

Upcoming Blood Drives

May 2 | 1– 5pm | North

May 3 | 10am – 1:45pm | Morrilton

Walks/Runs

Visit onespiritblog.com/walks-runs
for info on how to register for an event.

[Mamie's Poppy Plates – Race to Remember](#)

May 12 | 4pm | War Memorial Stadium

[Go Gray in May 5K for Brain Cancer Awareness](#)

May 19 | 8-10am | Morrilton

[Crohn's and Colitis Foundation Take Steps Walk](#)

May 19 | 10am | War Memorial Stadium

[Relay for Life \(Hot Springs\)](#)

June 1 | 6pm | Hot Springs Convention Center

[Go! Mile Walk and Run](#)

June 16 | 8:40am | Clinton Presidential Center

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

Thank YOU

Coworker Appreciation Week
MAY 6-12

Compassion



**Help local charities during the
Values in Action donation drive.**

Items requested:

- Canned goods (meat, veggies, fruit)
- Pasta/pasta sauce
- Juice boxes
- Peanut Butter/Jelly
- Biscuit/Baking mixes
- Powdered milk
- Feminine hygiene products/
incontinence products
- Cereal/cereal bars
- Single serving meals
(mac-n-cheese, soups, etc.)

