

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: Father Harvey, along with North leaders and coworkers, blessed the new pharmacy at North. This is the first major renovation project to be completed.

May 21, 2018

Find more online!

Visit onespiritblog.com for
coworker stories & photos.

Must-Know

Morrilton Hosts Ribbon Cutting for New Front Entrance

This project was completed after three years of planning and fundraising by the Morrilton Auxiliary members. The group of 40 volunteers raised more than \$150,000 for this project through raffle ticket sales, beans and cornbread dinners, bake sales and yard sales. In addition to their fundraising efforts, the auxiliary members volunteer approximately 15,000 hours every year to serve the Morrilton community.



OTHER HEADLINES:

Join the Fight Against Cancer with Two Upcoming Events

Citrix Receiver Update Continues

Well-Being

Breast Center Hosts Ladies Night

Regular mammograms are the best way to find breast cancer early, when treatment can save a life. Join us on June 7, 3-8pm at CHI St. Vincent Breast Center 500 S. University Ave., Suite 114, Little Rock. Call 501.661.9766 to pre-screen and schedule your appointment. Complimentary wine and snacks will be provided as well as door prize raffles, swag bags and more. Similar Ladies Night Out events in Hot Springs and other locations are also being planned.



OTHER HEADLINES:

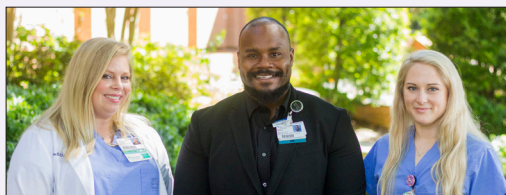
Infirmery Offers Yoga & Mediation Classes

Sign Up For The Most Relaxing \$50 Ever

Facetime

Infirmery Nurses Selected for 40 Under 40

Congratulations to Stacy Hicks, Byron Robinson and Lauren Taylor, who were each selected as one of the 40 Nurse Leaders Under 40 by the Arkansas Center for Nursing, Inc. All three work in the Infirmery's Periop Services. ACN received more than 100 nominations from around the state. The 40 honorees were selected using criteria in four areas: Commitment to Excellence, Service & Outreach, Leadership Qualities and Contributions to the Nursing Profession. A ceremony will be held in June to honor those recognized.



Events

Financial Peace University

June 2 | 2-4pm | Infirmery

\$5 Masquerade Jewelry & Accessories Sale

June 7 | 7am – 7pm | Terrace Room, Infirmery

June 8 | 7am – 3pm | Terrace Room, Infirmery

Ladies Night Out (Little Rock)

June 7 | 3-8pm | CHI St. Vincent Breast Center

Walks/Runs

Visit onespiritblog.com/walks-runs
for info on how to register for an event.

Relay for Life (Hot Springs)

June 1 | 6pm | Hot Springs Convention Center

Arkansas Foodbank – Take a Run at Hunger 5K

June 2 | 8am | Two Rivers Park (Little Rock)

Stepping for Diabetes Walk

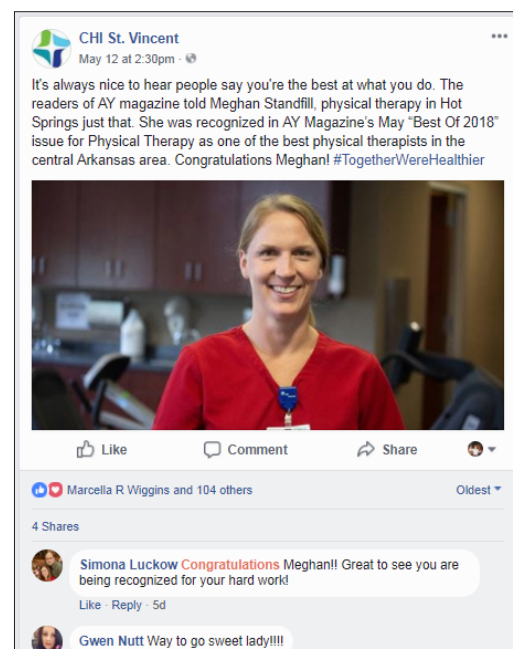
June 9 | 9am | Sylvan Hills High School (Sherwood)

Go! Mile Walk and Run

June 16 | 8:40am | Clinton Presidential Center

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

why should I be an active listener & communicate professionally?

when I'm actively engaged and listening, I can form the most optimal and accurate solutions to problems

if a person feels that their concerns are being heard and taken seriously, the chances of resolution is high

my coworkers appreciate having supportive and understanding peers around them daily

because together we're stronger

Stephanie Hale, Medical Group

Compassion

**VALUES
IN ACTION**

Be an active listener and communicate professionally.



Remain engaged in the conversation.

Refrain from using phone or any device that may be distracting.

Listen with eyes, ears, and heart.

Use appropriate body language (such as smiling, showing concern or empathy), identify self and wear name badge.



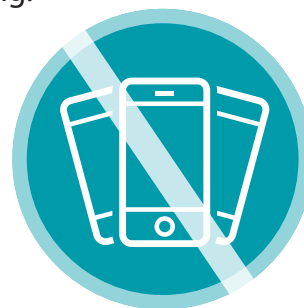
"You have my full attention"

"I really want to hear what you have to say"

"Let me see if I understand what you are saying"

"Hi, my name is Melanie and I'm your nurse today"

"Is there anything about your diagnosis, tests or plan of care that we need to discuss again?"



Looks like



Sounds like

onespiritblog.com/values

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