

WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: Join coworkers, like these from last year, on Saturday, June 16 to run/walk the CHI St. Vincent Go! Mile, at the Clinton Center. Visit onespiritblog.com/2018gomile for more information.

June 4, 2018

Find more online!

Visit onespiritblog.com for coworker stories & photos.

Must-Know

Expanded Online Bill Pay Now Available

We have a lot of good new features on our website, chistvincent.com. The newest is portals to pay hospital bills. This was an addition for the central Arkansas area hospitals – Infirmiry, North and Morrilton. We've had online bill pay for Hot Springs hospitals and clinics, but have made the link more readily accessible. Later this year, we'll add this option for our Medical Group clinics in central Arkansas, too.

OTHER HEADLINES:

Hot Springs Hosts Opioid Prevention Kick Off June 5

Values In Action Team Hosts Pack Shack Parties

New Performance Evaluation System Launches in Workday

Events

\$5 Masquerade Jewelry & Accessories Sale (Infirmiry)

Thurs., June 7 | 7am – 7pm | Terrace Room

Fri., June 8 | 7am – 3pm | Terrace Room

Home Show Event (Hot Springs)

Wed., June 27 | 7am–7pm | Mercy Room

Thurs., June 28 | 7am–3pm | Mercy Room

Walks/Runs

Visit onespiritblog.com/walks-runs for info on how to register for an event.

Stepping for Diabetes Walk

Sat., June 9 | 9am | Sylvan Hills High (Sherwood)

Go! Mile Walk and Run

Sat., June 16 | 8:40am | Clinton Presidential Center

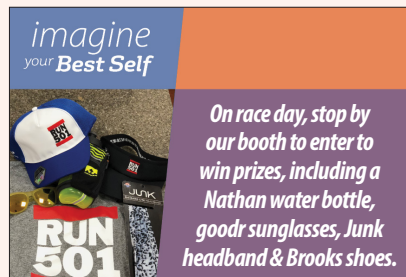
Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.

Well-Being

Sign Up Now for the 2018 Go! Mile Walk/Run

Join us on June 16 at 8:40am to run/walk a mile alongside other CHI St. Vincent coworkers at the CHI St. Vincent Go! Mile, at the Clinton Presidential Center. All registrations include: 1 free mini mile sign-up, a free t-shirt, victory lap pass for discounted downtown attractions, entry into pre-race and race day prize drawings. Sign up for the event at onespiritblog.com/2018gomile



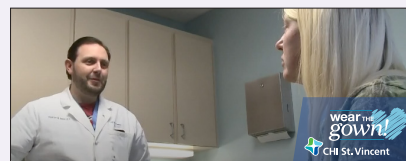
OTHER HEADLINES:

Step Into Summer With These June Wellness Tips

Facetime

Wear the Gown: How the ECMO Saved One Mother's Life

Wendy Chapman, a mother of two from Lonoke, went to the Infirmiry ED, "because I was screaming with my back hurting, my eyes rolling in the back of my head," Chapman said. With an Extracorporeal Membrane Oxygenation (ECMO) machine, tubes are inserted into the patient, and the blood leaves the body, circulating through the machine and back into the patient at seven liters per minute. The therapy saved Chapman's life just in time. "I really believe that even 10 minutes longer might have been too long," Dr. Bauer said. Chapman knows that she owes her life to the ECMO machine. "If it wasn't for that machine, I probably wouldn't be here," she said.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

Pack Shack Parties

Each facility will be hosting The Pack Shack in a Feed the Funnel party to pack thousands of meals for neighbors in need. Meals packed at crazy fun Feed the Funnel parties are donated free of charge to local organizations, such as food banks and food pantries, for them to distribute to people and/or other organizations in their area.

Thanks to the Foundation and Auxiliary for funding this event for our coworkers to give back to our community.



**COME
PACK
WITH US!**

Hot Springs

Tues., June 12 – McAuley Room – 11am-2pm

Morrilton

Mon., June 18 – Cafeteria – 11am-2pm

Infirmmary/North

Thurs., June 21 – Terrace Room – 11am-2pm

Sign up to help pack at onespiritblog.com/packshack