



# Catholic Health Initiatives

*Imagine better health.®*

## Cucumber and Watermelon Salad

*Serves 6*

*Prep time:*

*Approximately 20 minutes*

### **Ingredients:**

3 cups cucumbers cut into ½-inch pieces

3 cups seeded watermelon cut  
into ½-inch pieces

3½ tbsp. fresh lime juice

3 tbsp. hoisin sauce

¼ cup chopped fresh cilantro

2 tbsp. fresh mint

⅓ cup salted dry-roasted peanuts,  
chopped (optional)



*Refreshing & Simple*

### **Directions:**

Combine cucumbers and watermelon in a medium bowl. Whisk lime juice and hoisin sauce in a small bowl to blend. Pour dressing over cucumbers and watermelon and toss gently. Sprinkle salad with cilantro, mint and peanuts. This makes a quick summer salad that's great for lunch or dinner.

*Harvest of the Month*

# *watermelon*