

# WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit  
COMMUNICATION



**FEATURED PIC:** Crystal Stinebaugh scored big. She won one of three TVs given away during the coworker survey prize drawings. She was congratulated by the HR team when she picked up her winnings! See if you're a winner at [onespiritblog.com](http://onespiritblog.com).

July 16, 2018

**Find more online!**

Visit [onespiritblog.com](http://onespiritblog.com) for coworker stories & photos.

## Must-Know

### Living Our Value of Excellence

When you think of being an excellent coworker, what do you think about? Zero hospital borne infections? AIDET? Or is it something else like always greeting everyone with a smile?

Our Values in Action team is recognizing our coworkers who display the value of excellence by distributing handouts for coworkers to fill out how they pursue excellence in their jobs.



**OTHER HEADLINES:**

[Coworker Survey Results and Parties a Home Run](#)

## Well-Being

### Drink Up Challenge Registration Opens Monday, July 23

Drinking water instead of sugary or caffeinated drinks provides many benefits for your health and well-being. Not to mention, drinking enough water helps to maintain the balance of body fluids, which helps with digestion, circulation and much, much more.

If you reach the goal of tracking 112 cups of water, you will earn \$50 wellness dollars. You'll also feel awesome for replacing those fizzy high-calorie beverages with refreshing water.



**OTHER HEADLINES:**

[Watermelon Recipes That Will Be a Splash at Your Next Party](#)

## Facetime

### Volunteer Edith Bowman Named Rotarian of the Year



It feels really good to be recognized for your constant hard work and dedication to whatever you do. That is why Edith, an Infirmery volunteer, was celebrated recently by the West Little Rock Rotary. Edith was awarded the prestigious honor of "Rotarian of the Year" for 2017-18.

**OTHER HEADLINES:**

[Coworker Survey Prize Winners Announced](#)

[Christopher Cabana Highlighted in Imagine Magazine's "Speaking Spiritually"](#)

## Events

**Dillard's Sale (Infirmery)**

**Tues., July 17 | 7am - 7pm**

**Wed., July 18 | 7am - 4pm**

**Upcoming Blood Drives**

**Wed., August 1 | North**

**Wed. & Thurs., August 22-23 | Hot Springs**

**CHI Perks: Discount Hog Football Tickets**

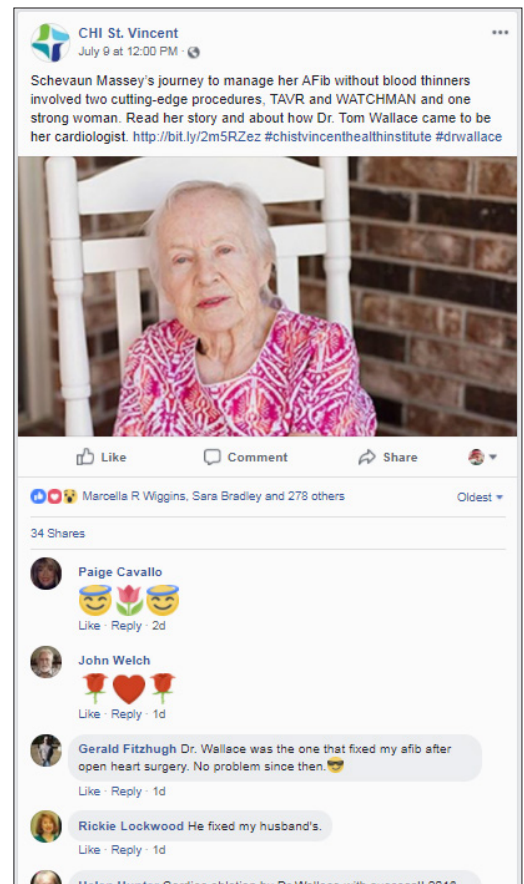
**Sat., September 1 (Fayetteville)**

**Sat., October 13 (Little Rock)**

Redeem the healthcare discount at [onespiritblog.com/perks](http://onespiritblog.com/perks)

## Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



**Share:** Content for OneSpirit, including blog and photos can be submitted to: [webmaster@stvincenthealth.com](mailto:webmaster@stvincenthealth.com)

# ONESPIRIT FORUMS

Updated 6/27/18

## EXTREME MAKEOVER

Health Ministry Edition

### HOT SPRINGS Dublin Room

#### Monday, Aug. 6

7:30am  
8:30am

#### Tuesday, Aug. 7

7:30am

#### Wednesday, Aug. 8

7:30am  
2pm  
3:30pm

#### Thursday, Aug. 9

4:30am  
10:30am  
1pm

#### Friday, Aug. 10

1pm  
2:30pm

#### Saturday, Aug. 11

7:30am

#### Monday, Aug. 13

10:30am

#### Wednesday, Aug. 15

7:30am  
10:30am  
1:30pm

#### Thursday, Aug. 16

7:30am  
10:30am  
2pm

#### Friday, Aug. 17

7:30am  
1:30pm

### MORRILTON Cafeteria

#### Monday, Aug. 20

6:30am  
7:15am  
11am

#### Thursday, Aug. 23

7:15am  
11am

#### Friday, Aug. 24

6:30am  
11am

#### Saturday, Aug. 25

6:30am  
7:15am

### INFIRMARY Terrace Room

#### Wednesday, Aug. 8

10:30am 4:30pm  
2pm 7pm  
3pm

#### Thursday, Aug. 9

2pm  
4pm  
6:15pm

#### Friday, Aug. 10

7am 1pm  
10:30am 4:30pm

#### Saturday, Aug. 11

4:30pm

#### Sunday, Aug. 12

9pm  
10pm

#### Tuesday, Aug. 14

7am 4pm  
10:30am 5pm  
2pm

#### Wednesday, Aug. 15

4:30am 10:30am  
5:30am 4pm  
7am

### NORTH Admin Conf. Room

#### Thursday, Aug. 9

7:15am  
11:30am  
3pm  
6:15pm

#### Friday, Aug. 10

7am  
11am

#### Saturday, Aug. 11

6:30pm

#### Monday, Aug. 13

10:30am  
6:15pm

#### Tuesday, Aug. 14

7am

#### Wednesday, Aug. 15

7am  
6:15pm

### MEDICAL GROUP

#### Central Arkansas

#### Friday, Aug. 3

Diabetes/Endo. Clinic - 3:30pm

#### Monday, Aug. 6

Morrilton - Hickey Building  
Noon

Conway Interfaith Clinic - 4pm

#### Tuesday, Aug. 7

Chenal - Primary Care - Noon

#### Monday, Aug. 13

North Admin. Conf. Room  
Noon

Lonoke - Primary Care - 4pm

#### Tuesday, Aug. 14

Bryant - Primary Care - 4pm

#### Wednesday, Aug. 15

Parkview - Division Conf.  
Room @ Suite 450 - Noon

#### Thursday, Aug. 16

University - Primary Care  
11am & Noon

Jacksonville - Primary Care

Noon

### Hot Springs

#### Wednesday, Aug. 1

Conv. Care Clinic / Business  
Health / Community Care

6:30 am

South Campus - Ortho - Noon

South Campus - HSIM - 4pm

#### Thursday, Aug. 2

Women's Center - Noon

Malvern - Primary Care - Noon

#### Wednesday, Aug. 8

Village Front Gate - Noon

70 West - Primary Care - 4pm

#### Thursday, Aug. 9

Glenwood - Primary Care  
Noon

270 West - Primary Care

4pm

#### Friday, Aug. 10

MOB Suite 506 - Primary Care

Noon

### HEART INSTITUTE

#### Breakrooms

HCA - Kanis

#### Monday, Aug. 6

3pm

#### Tuesday, Aug. 7

Noon

#### Wednesday, Aug. 8

8:30am

#### Tuesday, Aug. 14

3pm

HCA - University

#### Wednesday, Aug. 8

3pm

HCA - North Little Rock

#### Thursday, Aug. 9

Noon

HCA - Hot Springs

#### Friday, Aug. 10

Noon

Cardiovascular Surgeons - LR

#### Tuesday, Aug. 7

9:30am

*We'll be sharing how together we're improving our health ministry and celebrate major milestones in our Living Our Mission journey.*

*Plus, we'll answer any questions you might have about work underway to come together with Dignity Health.*

*Can you feel the momentum as our journey continues to become a great place to work and practice medicine? The forums will showcase that energy!*