

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: Rickey Shelton, Kim Peak, Gretal Hale, Rosemary Charles and Claudia Diaz from Hot Springs Cardiac Unit were recognized by the Values in Action team for their excellence in being over one year with no CLABSI's on their unit. Thanks team!

July 23, 2018

Stories From OneSpiritBlog.com

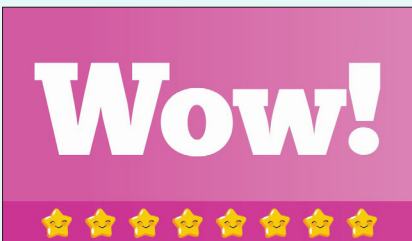
Coworker blog written by
coworkers for coworkers.

Must-Know

Social Media Earns Acclaim

People expect their healthcare providers to use social media to keep them informed and connected. We take this job seriously, earning a spot on the list of the 101 Most Social Media Friendly Hospitals of 2018.

With a ranking of #49, we achieved the distinction based on engagement across multiple platforms. We're delighted to be one of only two CHI markets recognized.



OTHER HEADLINES:

Tips on Crafting the Perfect Thank You Note

Well-Being

Register Now for Your Final Chance to Earn \$50 HSA Bucks!

Registration is now open for the Drink Up Challenge which begins August 6. Drinking water instead of sugary or caffeinated drinks provides many benefits for your health and well-being. Not to mention, drinking water helps with digestion, circulation and much, much more.

If you reach the goal of tracking 112 cups of water, you will earn \$50 wellness dollars. You'll also feel awesome for replacing those fizzy high-calorie beverages with refreshing water.



OTHER HEADLINES:

Earn \$25 From "Keeping Your Brain Sharp" Webinar

Facetime

Laura Munns and Tina Langston Named North Service Heroes

Sometimes people just get a sense that something is not right. Even if we can't put a finger on it right away, that feeling will nag us until we realize what has caused it. Laura had such a feeling when coming out of a patient's room. She noted an awful, high pitched noise coming from a patient's room. She followed the no pass rule and got help to investigate. After grabbing Tina, together they determined that the patient was in respiratory distress. Due to their quick action, the patient was assisted and recovered quickly.



Events & Perks

Journey to Zero Training (Infirmary)

Mon., July 30 | 11am - 6pm

Tues., July 31 | 11am - 6pm

Upcoming Blood Drives

Wed., August 1 | North

Wed. & Thurs., August 22-23 | Hot Springs

CHI Perks: Discount Hog Football Tickets

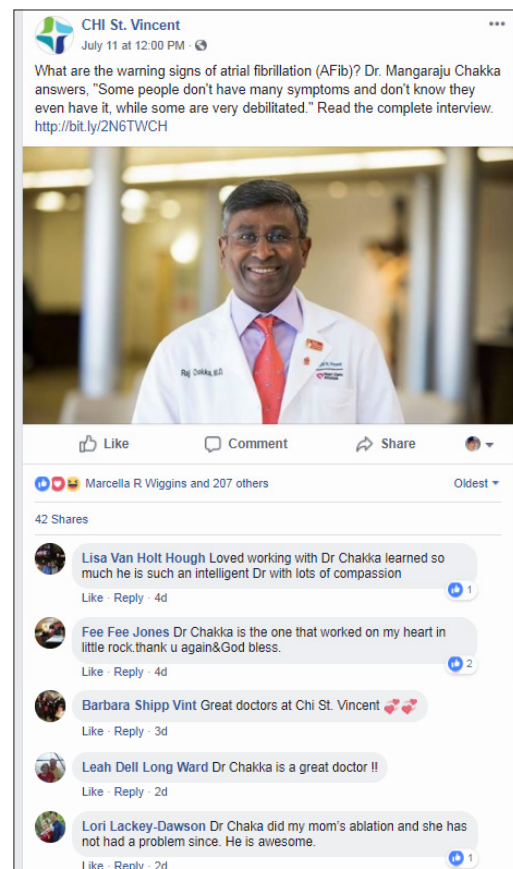
Sat., September 1 (Fayetteville)

Sat., October 13 (Little Rock)

Redeem the healthcare discount at
onespiritblog.com/perks

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

why should I model a strong work ethic & safe patient environment?

speaking up when something isn't right could save a life
if I put forth extra effort, my team could get our job done faster
there is no downside to seeking clarity on an issue
explaining my actions clearly creates clearer expectations
because together we're excellent

Megan Cotten, Hot Springs



Excellence

**VALUES
IN ACTION**

Model a strong work ethic and safe patient environment.



Maximize your time and work efficiently and effectively.
Speak up for safety and quality concerns even if it makes you uncomfortable.
Share your knowledge and explain your actions.
Be an engaged coworker & look for ways to go the extra mile.



In person: "I am in a meeting now; I can meet with you afterward."
In email: "I don't have an answer for you right now, but I will follow up with you by ____."
"Let me explain what I am about to do..."
"Is there anything else I can do for you? I have the time."

onespiritblog.com/values