

# WEEKLY

Featuring content from the  
channels of CHI St. Vincent

onespirit  
COMMUNICATION

August 13, 2018



**FEATURED PIC:** Our entire North facility has taken their "Journey to ZERO" to heart and is celebrating massive patient safety strides! They have had ZERO CLABSI's in the last year and ZERO CAUTI's in the last 10 months! Congrats everyone! Keep up the good work & keep foaming in and out.

## Stories From OneSpiritBlog.com

Coworker blog written by  
coworkers for coworkers.

## Must-Know

### Submit 2018 Heritage Week Awards Nominations

We're happy to announce Heritage Week celebrations are slated for Sept. 24-30, 2018.

As a part of this special time, nominations are now open for the annual service excellence and leadership awards. Nominees embody our Core Values (Reverence, Integrity, Compassion and Excellence) and go above and beyond in carrying out their ministry to the mind, body and spirit of our patients (and coworkers!).

**What is Heritage Week?** This is a time when we celebrate the legacy of our founders, the Sisters of Charity of Nazareth and Sisters of Mercy.

**How can I nominate a coworker?** By visiting [onespiritblog.com](http://onespiritblog.com) before Aug. 31.



## Well-Being

### Webinar Helps Us Understand Our Mental Well-being

As science understands more about the link between mind and body, it's clear that how you think can affect how you feel. Our August wellness webinar addresses how to maximize your mental well-being by helping you learn ways to imagine your Best Self and improve your outlook. You'll gain a better understanding of how building self-esteem, managing stress, eating foods that can help you thrive and being grateful can benefit your mental health.

This webinar takes just 25 minutes to complete, and you can earn \$25 in wellness dollars.



## Facetime

### Welcome Deb Roybal as Vice President of Mission



The vice president of mission ensures our ministry maintains fidelity to its values and commitment to providing excellent, compassionate care.

Deb will provide leadership for community-based initiatives, ethics issues and chaplaincy programs. She will also serve as liaison to the Catholic community.

### New Cardiologist Joins Heart Institute



Please join us in welcoming Dr. Abdel Al Emam, an interventional cardiologist, who has joined the CHI St. Vincent Heart Institute, Arkansas's largest and most diverse network of heart specialists.

## Events & Perks

### August "Popup" Logo Wear Store

**Branded apparel store is NOW OPEN.**

Store closes on August 31. Options include the Main CHI Logo, Heart Institute Logo, & our new option, the Medical Group Logo.

Purchase apparel at [onespiritblog.com/logowear](http://onespiritblog.com/logowear)

### Upcoming Blood Drives

**Tues., August 14** | 11:30am-4pm | Infirmary

**Wed. & Thurs., August 22-23** | Hot Springs

### CHI Perks: Discount Hog Football Tickets

**Sat., September 1** (Fayetteville)

**Sat., October 13** (Little Rock)

Redeem the healthcare discount at

[onespiritblog.com/perks](http://onespiritblog.com/perks)

## Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



**Share:** Content for OneSpirit, including blog and photos can be submitted to: [webmaster@stvincenthealth.com](mailto:webmaster@stvincenthealth.com)

# Coworker Sharing Fund

*Compassionate care for our coworkers when they need it most.*

**Providing assistance to coworkers for emergencies including personal loss due to natural disaster, medical emergencies, death or extreme unforeseen circumstances.**

*imagine*  
your **Best Self**

*rewards*

**To receive assistance, please review the guidelines for eligibility on the Insider and follow all instructions below:**

- Completely fill out the application which can be found on the INSIDER under the "Rewards" tab.
- Submit your application online or print the form, fill it out and give it to a Sharing Fund committee member. A list of representatives are available on the Coworker Sharing Fund page on the INSIDER.
- Please clearly state your reason for assistance and turn in any documentation supporting the need for assistance.
- The Coworker Sharing Fund chairperson will verify the provided information and confer with the committee to determine eligibility. The requester will be notified of the committee's decision within seven business days of receipt of application.



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*Detailed eligibility information is available at [onespiritblog.com/coworkersharingfund](http://onespiritblog.com/coworkersharingfund).*



**CHI St. Vincent**

*Imagine better health.<sup>SM</sup>*