# WEEKLY

# Featuring content from the channels of CHI St. Vincent CONE Spirit

**September 10, 2018** 



**SEPT. 24-30** 

**OTHER HEADLINES:** 

**Now on Display** 

My CHI Knowledge

The Saint John's Bible

FEATURED PIC: Coworkers view The Saint John Bible after a special Mass with Bishop Anthony Taylor in the Infirmary's chapel. The Bible will remain on display at the Infirmary through October before traveling to Hot Springs.

## Stories From OneSpiritBlog.com

Coworker blog written by coworkers for coworkers.

#### **Events & Perks**

**Heritage Week** 

Week of Sept. 24-29



#### **Mammogram Party**

Tuesday, Sept. 25 | 5-7pm

CHI St. Vincent Breast Center (Doctor's Building)

Freedom from Smoking Quit Group (8-Week Class)

Begins Wednesday, Oct. 3 (Infirmary)

#### **CHI Perks: Discount Hog Football Tickets**

Saturday, Oct. 13 (Little Rock)

Redeem the healthcare discount at onespiritblog.com/perks



**Must-Know** 

## **Mark Your Calendars for 2018 Heritage Week Events**

Celebrate the 130th anniversary of CHI St. Vincent during the annual Heritage Week, Sept. 24-30. Activities have been planned at each of the hospital campuses and clinics throughout the week feature a cookout, sock donation drive, chapel services, international coworker celebrations and more.

Don't forget to submit your photos from the week's events by uploading them to **onespiritblog.com**.

**Hub Launches This Fall** 

#### **OTHER HEADLINES:**

**Celebrate Football Season with These Healthy Tips** 

**Enjoy Discounts up to 60% Fitness Gear** 

### Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



## **Well-Being**

#### Congrats to the Winners of the **Well-being Wednesday Drawing**

Congrats to the coworkers who won fitness items during the latest Well-being Wednesday. More than 350 coworkers entered their name into the drawing to win an Apple Watch as well as a number of other fun fitness items. And the winners are...

Yoga Mat: Lori Stafford (Medical Group) Running Water Bottle: Iris Greeson (Hot Springs) Junk Headband: Heather Blevins (Infirmary) Apple Watch: Shari Draeks (Hot Springs)

## **Facetime**

### Welcome Dr. Nathan Littlejohn, our Newest Urologist



Our growing Medical Group just got another urology specialist. In Hot Springs, Dr. Littlejohn has joined the CHI St. Vincent

Urology Clinic. He specializes in urological care and treatment of such conditions as bladder disease, kidney stones, bladder cancer, urinary disorders and urinary incontinence.

#### OTHER HEADLINES:

**Dr. Scott Talks ER vs Urgent Care** 

**International Nurses Bring Excellence From Around the Globe** 



**Share:** Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

# TOPRAISE & CELEBRATION

## Recent Service Heroes



















volunteered to come to 4W after he had clocked out and sit with a patient. He sat and talked to the patient on his own time off until about 10:30pm when he left for his two-hour drive home.

Roland had met the patient when he came through the ER and knew the patient spoke almost no English, had no family or friends present and was anxious about being in an unfamiliar place surrounded by people who don't speak his language.

Thank you Roland for going far above and beyond normal expectations to provide comfort to this patient!



