

# WEEKLY

Featuring content from the  
channels of CHI St. Vincent

onespirit  
COMMUNICATION

September 10, 2018



**FEATURED PIC:** The Values in Action team was recognized during the September LDI. The team has worked during the past year to promote our values of Reverence, Integrity, Compassion and Excellence through various activities, including the Pack the Shack event, food drives and creating a reflection booklet for all coworkers.

## Stories From OneSpiritBlog.com

Coworker blog written by  
coworkers for coworkers.

## Must-Know

### Celebrate 130 Years During Heritage Week Sept. 24-30

Activities have been planned at each of the hospital campuses and clinics throughout the week feature a cookout, sock donation drive, chapel services, international coworker celebrations and more.

Don't forget to submit your photos from the week's events by uploading them to [onespiritblog.com](http://onespiritblog.com).



#### OTHER HEADLINES:

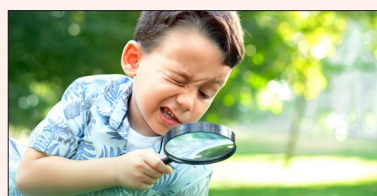
### My CHI Knowledge Hub Launches This Fall

## Well-Being

### Annual Enrollment: A Close-Up Look at Your 2019 Benefits

You may be thinking it's easier to keep the same benefits for next year. But as life changes, your benefits may need to change as well. What you are enrolled in today may not be the best option for you next year. You can start by exploring the well-being pages found on InsideCHI.

**Keep In Mind:** Even if you choose to stay in the plans you have today, the Health Savings Account (HSA) and the Flexible Spending Accounts (FSAs) require that you make an election each year.



#### OTHER HEADLINES:

### Why We Start Every Meeting With Moments of Meaning

### How a Health Savings Account Can Help You

## Facetime

### Dr. Peter Emanuel Brings Commitment to Excellence as New Oncology Leader

Dr. Peter Emanuel comes to us from the UAMS, where he was director of the Winthrop P. Rockefeller Cancer Institute. The internationally renowned hematologist is a leading researcher of adult and pediatric forms of leukemia.

"Dr. Emanuel is recognized worldwide for his scholarship, his leadership and his commitment to excellence," said Chad Aduddell, CEO of CHI St. Vincent. "He is an asset to the CHI St. Vincent team and to this community, and we are glad to have him as we work to grow the oncology program at CHI St. Vincent and provide our patients with excellent and compassionate care."



## Events & Perks

### Heritage Week (Details on Back)

Week of Sept. 24-29

### Mammogram Party

Tuesday, Sept. 25 | 5-7pm

CHI St. Vincent Breast Center (Doctor's Building)

### My CHI Knowledge Hub Launches

Thursday, Sept. 27

### Freedom from Smoking Quit Group (8-Week Class)

Begins Wednesday, Oct. 3 (Infirmary)

### CHI Perks: Discount Hog Football Tickets

Saturday, Oct. 13 (Little Rock)

Redeem the healthcare discount at  
[onespiritblog.com/perks](http://onespiritblog.com/perks)

## Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



**Share:** Content for OneSpirit, including blog and photos can be submitted to: [webmaster@stvincenthealth.com](mailto:webmaster@stvincenthealth.com)

# HERITAGE WEEK

SEPT. 24-30

GET MORE DETAILS AT  
[onespiritblog.com/heritageweek-2018](http://onespiritblog.com/heritageweek-2018)



*Celebrate the 130th anniversary of CHI St. Vincent during the annual Heritage Week, Sept. 24-30. Activities have been planned at each of the hospital campuses and clinics throughout the week, including cookouts, sock donation drive, chapel services, coworker celebrations and more.*

## Infirmary



### Monday, Sept. 24 | Cookout

11am-1pm and 6-8pm, Physician Entrance Parking Lot

### Tuesday, Sept. 25

#### Values In Action Sock Donation Drive

11am-1pm, Cafeteria

#### Best Cellar Thrift Shop Open House

10am-2pm, Ground Floor

### Wednesday, Sept. 26

#### Chapel Service and Gift Distribution

Noon, Chapel & Terrace Room

### Thursday, Sept. 27 | Well-being Day

11:30am-1pm, Outside the Cafeteria

### Friday, Sept. 28

#### International Coworker Celebration

11am-1pm

### Saturday, Sept. 29

#### Breakfast and Gift Distribution

6-8am, Terrace Room





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## North

### Monday, Sept. 24 | Well-being Day

11:30am-1pm, Rounding

### Tuesday, Sept. 25

#### Values In Action

#### Sock Donation Drive

11am-1pm, Admin. Lobby



### Wednesday, Sept. 26

#### Chapel Service and Gift Distribution

2:30pm, Admin. Lobby

### Thursday, Sept. 27 | Cookout

11am-1pm and 6-8pm, Outside by the Cafeteria

### Friday, Sept. 28 | Sundae Bar

2pm, Admin. Lobby

### Saturday, Sept. 29

#### Breakfast and Gift Distribution

6am, Admin. Conference Room



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## Morrilton

### Monday, Sept. 24 | Well-being Day

11:30am-1pm, Rounding

### Tuesday, Sept. 25

#### Values In Action

#### Sock Donation Drive

11am-1pm, Dining Room



### Wednesday, Sept. 26 | Fish Fry

Dining Room



### Thursday, Sept. 27

#### Chapel Service and Gift Distribution

1:30pm, Front Lobby

### Friday, Sept. 28 | Ice Cream Social | 2pm

### Saturday, Sept. 29

#### Breakfast and Gift Distribution

6-8am





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## Hot Springs

### Monday-Saturday | Scavenger Hunt

Visit the blog for more details!

### Monday, Sept. 24 | Well-being Day

11:30am-1pm, Outside the Cafeteria

### Tuesday, Sept. 25

#### Values In Action

#### Sock Donation Drive

11am-1pm, Cafeteria



### Wednesday, Sept. 26 | Cookout

11am-1pm and 6-8pm, Outside the Cafeteria

### Thursday, Sept. 27

#### Chapel Service and Gift Distribution

9am, Dublin Room

### Friday, Sept. 28

#### Pay It Forward Appreciation Event

11am-2pm, Dublin Room

### Saturday, Sept. 29

#### Breakfast and Gift Distribution

6-8am, Dublin Room



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## Medical Group

### Monday, Sept. 24 | Celebration Day

Lunch will be provided to each clinic.

### Tuesday, Sept. 25

#### Values In Action

#### Sock Donation Drive

11am-1pm, Breakrooms

### Wednesday, Sept. 26

#### Well-being Day and Gift Distribution

Coworker gifts will be distributed, and coworkers will be challenged to drink at least 64 oz of water each day.

### Thursday, Sept. 27 | Chapel Day

A special prayer will be sent to each clinic, and coworkers will be encouraged to find time to gather during the day.

### Friday, Sept. 28 | Celebrate Our Heritage

Coworkers are invited to bring their favorite family dish (and the recipe!) to a potluck at each clinic, sharing the stories behind the recipes and celebrating their own family traditions.





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## Heart Clinics

### Monday, Sept. 24 | Celebration Day Breakfast

8am, Breakrooms

### Tuesday, Sept. 25

#### Peripheral Artery Disease White Sock Awareness

Wear your white socks and give a pair to those in need. Socks will be donated to local shelters.



### Wednesday, Sept. 26

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### Thursday, Sept. 27 | Chapel Day

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### Friday, Sept. 28 | Cookout

Cookout, 11am-1pm, Breakrooms  
Enjoy lunch and time with coworkers.

