

WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: Congratulations to the 4 North team at the Infirmary. They celebrated 365 days without a CAUTI. Thanks to all who contribute as we continue on our Journey to Zero.

October 15, 2018

Stories From OneSpiritBlog.com

Coworker blog written by coworkers for coworkers.

Must-Know

Wear Pink Friday, Oct. 19 and Support Breast Cancer Awareness

On Friday, October 19, we're encouraging all coworkers to wear pink (socks, headbands, shirts, etc.) and share photos of your team raising awareness for this worthwhile cause.



This year, CHI St. Vincent teamed up with KATV to sponsor Moments of Hope. Each day during the month, Channel 7 is featuring stories submitted by breast cancer survivors.

OTHER HEADLINES:

[Nurses: Complete NDNQI Survey by Sunday, Oct. 21](#)

[Support the 2019 Coworker Campaign](#)

Well-Being

Well-being Expos and Flu Shot Dates & Details Set

Attending the Well-Being Expo is especially important if you're considering making changes or additions to your benefits during open enrollment, which runs from Oct. 10-31. All coworkers, including contract coworkers, are required to have the flu shot by Dec. 7.



OTHER HEADLINES:

[2019 Benefits Enrollment Has Begun](#)

Facetime

Amber Bartlett Named Morrilton Service Hero

"One of Amber's coworkers, Francine Church, was out for several weeks due to a medical issue. Francine has limited family nearby and knew recovery would be challenging, especially early on. Amber, being the true caregiver she is, took it upon herself to check on Francine weekly, taking food to her, picking up her medications, and generally showed true compassion for her coworker."



Kiley Ramsey Receives Hot Springs DAISY Award

"What can I say about this extraordinary nurse? She has only been here about 6 months, and I am so blown away by her compassion and dedication to her patients. She goes above and beyond her scope of practice with each and every one. She is always available to help others, always has a positive attitude and is such a breath of fresh air. It brings so much joy to my heart when I get to work with her. She simply says, 'I take care of my patients like I would want my grandparents taken care of.'"



Events & Perks

Breast Cancer Awareness Wear Pink Day
Friday, Oct. 19 (All Facilities)

Send photos of your team to:
webmaster@stvincenthealth.com

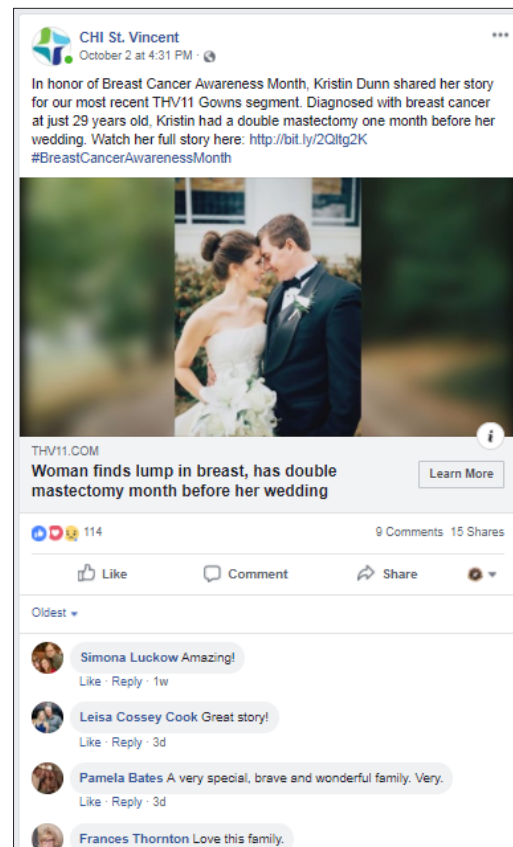
Ideal Protein Coworker Event
(Infirmary, Terrace Room)
Tuesday, Oct. 23 | 11:30am-1pm

Walks and Events

Light the Night Walk
Benefits Leukemia and Lymphoma Society
Friday, Oct. 19 | 7pm (North Little Rock)

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

ONESPIRIT FORUMS

Updated 10/5/18



HOT SPRINGS Dublin Room

Monday, Nov. 5

7am
10:30am
3:30pm

Wednesday, Nov. 7

8am
Noon
1:30pm
4pm

Thursday, Nov. 8

4pm

Friday, Nov. 9

7:30am
11am
2:30pm

Saturday, Nov. 10

7:30am

Monday, Nov. 12

8:30am, 2:30pm, 3:30pm

Wednesday, Nov. 14

7:30am
10:30am
2:30pm
3:30pm

Thursday, Nov. 15

10:30am
2pm
4pm

MORRILTON Cafeteria

Sunday, Oct. 28

6:15am
7:15am

Monday, Oct. 29

6:15am
7:15am
11am

Wednesday, Oct. 31

7:15am
11am
3:15pm

Friday, Nov. 2

11am

INFIRMARY Terrace Room

Wednesday, Oct. 31

10:30am 4:30pm
2pm 7pm
3pm

Thursday, Nov. 1

2pm
4pm
6:15pm

Friday, Nov. 2

7am 1pm
10:30am 4:30pm

Saturday, Nov. 3

4:30pm

Sunday, Nov. 4

9pm
10pm

Tuesday, Nov. 6

7am 4pm
10:30am 5pm
2pm

Wednesday, Nov. 7

4:30am 10:30am
5:30am 4pm
7am

NORTH Admin Conf. Room

Thursday, Nov. 1

7:15am
11:30am
3pm
6:15pm

Friday, Nov. 2

7am
11am

Saturday, Nov. 3

6:15pm

Monday, Nov. 5

10:30am
6:15pm

Tuesday, Nov. 6

7am

Wednesday, Nov. 7

7am
6:15pm

MEDICAL GROUP

Central Arkansas

Thursday, Nov. 1

University - Primary Care

11am & Noon

Morrilton - Primary Care

Noon

Tuesday, Nov. 6

Chenal - Primary Care - Noon

Tuesday, Nov. 13

Jacksonville - Primary Care

(Sherwood Clinic) - 4pm

Thursday, Nov. 15

Lonoke - Primary Care - Noon

Parkview - Suite 450 - Noon

Friday, Nov. 16

Little Rock Diabetes/

Endocrinology & Surgery Clinic

3:30pm

Monday, Nov. 19

Conway Interfaith Clinic - Noon

HEART INSTITUTE

Breakrooms

HCA - Kanis

Monday, Nov. 5

3pm

Tuesday, Nov. 6

Noon

Monday, Nov. 12

8:30am

Tuesday, Nov. 13

3pm

Cardiovascular

Surgeons - LR

Tuesday, Nov. 6

9:30am

HCA - University

Wednesday, Nov. 7

3pm

HCA - North Little Rock

Thursday, Nov. 8

Noon

HCA - Hot Springs

Friday, Nov. 9

Noon

Hot Springs

Friday, Nov. 2

70 West - Primary Care - Noon

Wednesday, Nov. 7

Conv. Care / Business Health /

Community Care - 6:30am

270 West - Primary Care - Noon

Glenwood - Primary Care - Noon

Thursday, Nov. 8

South Campus - Noon

Ortho & Endo Clinic - Noon

Friday, Nov. 9

Women's Center (Roland Room)

Noon

Tuesday, Nov. 13

Malvern - Primary Care - Noon

Wednesday, Nov. 14

Hot Springs Village Front Gate

Primary Care - Noon

Friday, Nov. 16

MOB - Primary Care (Dublin Room)

11am & Noon

Pediatrics Clinic - Noon

imagine
your **Best Self**

well-being
growth
rewards
spirituality
CHI