

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: North coworkers and the ANI Transition Team celebrated the opening of the third floor ICU by successfully moving patients from the second floor. This is the next step in readying the area for Dr. Krisht to start performing surgery in the space in January.

December 17, 2018



**Thank you for your dedication and hard
work as you live our core values each day.**

Must-Know

Celebrating Advent: Attending to the Poor

A significant feature of Advent/ Christmas is attending to the poor. There are toy drives for poor children, Christmas baskets for those without, Christmas Eve and Christmas day meals in social service settings with prominent political and Church figures serving, solicitation for donations from every helping agency, etc. Reaching out to the more prosperous to help the lesser and least at the heart of the Christmas season. Among Christians, the rationale for this is often cited as "the poor

OTHER HEADLINES:

Show Your Coworkers You Care with an E-Card

'Tis the season to show you care. Visit the OneSpirit blog to send an e-card to a coworker to say thanks, recognize a job well done or say happy birthday!

Well-Being

Three Tips to Boost Your Financial Well-Being in 2019

One of the pieces of financial wellness is establishing a realistic plan to pay down debt and save for the future. Here are three tips that allow us to do just that: **1.** Prioritize. **2.** Take charge of your student loans. **3.** Build a rainy day fund.

Want to view how to put these steps into action? View more on onspiritblog.com.

OTHER HEADLINES:

Enjoy Health Benefits of Volunteering During the Holidays

Give Yourself the Gift of Retirement Savings

Facetime

Hot Springs Hosts Annual Pancakes with Santa

It was an opportunity for families and coworkers to have a pancake breakfast and get pictures made with the jolly ole elf himself. The event is part of their Poinsettias and Pancakes annual event that raises funds for the Relay for Life. This year's event raised almost \$2,600. Below is a quote from a guest who attended this year: "I was a little reluctant to spend the \$40 for my wife and I to bring our granddaughters to participate in the Breakfast with Santa. Boy was I mistaken. The room decorations, the adequate space, cookie decorating and crafts were great. Oh; and Santa was legit! I hope you do it again next year."



OTHER HEADLINES:

Gwen Nutt Receives Hot Springs DAISY Award

Holy Souls Catholic School Choir Shares Christmas Spirit

Upcoming Events

Blood Drives - Hot Springs

Wednesday, Dec. 19 | 9:30am-2pm

Thursday, Dec. 20 | 9:30am-4:15pm

New Coworker Pharmacy Hours

Beginning Jan. 2 | 7am-3pm

After hours pick up can be arranged at the main pharmacy.

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com

Reverence



Living our value of REVERENCE is as easy as saying "Hey!" to someone in the hallway.