

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION

December 24, 2018



FEATURED PIC: Chad Aduddell thanks Polly Davenport as coworkers celebrated her service during a reception at the Infirmary. Polly is leaving after four years as Chief Operating Officer and President of the Infirmary and North. To see more photos from Polly's reception, visit onespiritblog.com.



**Thank you for your dedication and hard
work as you live our core values each day.**

Upcoming Events

New Coworker Pharmacy Hours

Beginning Jan. 2 | 7am-3pm

After hours pick up can be arranged
at the main pharmacy.

2019 Wellness Program Launch Date

Beginning Monday, Jan. 14

For details on all the new & easy way to redeem
well-being cash, visit onespiritblog.com/wellness.



Top Stories in 2018 from OneSpiritBlog.com

Dr. Chris Young Named Service Hero at Hot Springs

Dr. Young was named a Service Hero for the compassion he showed by bringing blankets to warm a patient while they waited for surgery. The 82-year-old husband of the patient wrote of his experiences in a Letter to the Editor in the *Sentinel Record*, "I have had many surgeries and my wife is a retired surgical nurse and neither of us have ever seen such an act of consideration and care by a surgeon."



CHI St. Vincent Well-being Hub Opens in Downtown Hot Springs

The Hub offers a wide range of informational resources to help residents live healthier lives, make informed decisions and access the health care they need.



Heritage Week - Celebrating 130 Years!



Coworkers were eager to find out about the different events scheduled to celebrate the 130th anniversary of CHI St. Vincent during the annual Heritage Week, Sept. 24-30. Events included a cookout, sock donation drive, chapel services, ice cream deliveries and an international coworker celebration.

Holiday Gift Box Distribution Dates



Coworkers visited the blog to mark their calendars for one of the favorite days of the year: Holiday Gift Box Distribution Day. The meat and dessert boxes were handed out at the hospitals and clinics in December, and Thanks-a-Latte bars were set up with chocolate, coffee and holiday treats.

Celebrating Outstanding Coworker Survey (PCA) Results

The annual coworker survey in the spring brought lots of clicks to the blog. Coworkers wanted to know all the details of the survey when it launched on April 16, and they checked back regularly to see the names of coworkers who won the daily drawings.

Coworker Appreciation Week

Coworkers visited the blog to learn about the week of activities planned to celebrate our coworkers, including donut distributions, luau parties, food drives and ice cream deliveries.



Leaders Break Ground on ANI's Education & Research Center in Sherwood

Back in April, leaders officially broke ground on Arkansas Neuroscience Institute's education and research center at North. The \$17 million building will provide advanced neurosurgery care to patients in Arkansas, the United States and internationally. The education and research center will open its doors in early 2019.

Drs. Waqas and Bauer Named Service Heroes at Infirmary

"As Dr. Waqas, Dr. Bauer and the family of an LVAD patient, Mr. Green, made the difficult decision to let him go home with hospice, our team pulled together an amazing send off. They know his love for motorcycles and how he made the difficult decision seven months ago to sell his own. Dr. Waqas himself went home and grabbed his helmets and his Harley, and he personally took Mr. Green home on the back of a motorcycle. The tears of sadness and joy were shared by all of us, but this was honestly the most amazing thing I have witnessed as a nurse. This is why we do what we do, and Dr. Waqas and Dr. T. Bauer both deserve to be recognized for this."



2018 Christmas Message



spirituality

“*And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger.*”

LUKE 2:4-20

imagine
your **Best Self**

We are like shepherds awaiting a new moment.
We watch, we work, we can be afraid...even when
we long for new moments...
of hope, of forgiveness, of justice.
And the words that are spoken to us first
in this Christmas story are:
“Do not be afraid.”

We are afraid, even terrified, or overwhelmed at times.
It's human to be afraid, but fear does have a
direct and noticeable effect on us.
When we are afraid we protect ourselves,
our focus narrows...
our willingness to see something
new becomes undermined.
Would we recognize that “the sign” of a
miraculous moment
was to be found in a baby, wrapped in cloths,
and lying in a manger?

Perhaps that is a key message within
the Christmas story...
prepare yourself to see this new moment,
or you will not see it.
What is the new moment this Christmas
season brings to you...
that is waiting to be seen by you...
that is waiting to be seen by us?