

WEEKLY

Featuring content from the
channels of CHI St. Vincent

onespirit
COMMUNICATION

January 14, 2019



FEATURED PIC: Dr. Krisht performed his first surgery at North on Monday, January 7. Thanks to the ANI and North transition team for making sure the ORs were ready to go!

Find more online!

Visit onespiritblog.com for
coworker stories & photos.

Must-Know

Mammograms Get More Fun!

Start 2019 off right with a Mammogram Party! Ladies grab your girlfriends 'cuz mammograms just got more fun. Food, drinks, gifts and more at the CHI St. Vincent Breast Center at the Doctors Building in Little Rock.

When: Thursday, Jan. 31, 2019, 4-6:30pm **Qualifications:** Women 40+ eligible for annual screening mammogram. Regular exam fees apply. Most insurance accepted. If you do not have health insurance, ask about our Komen Grant.

OTHER HEADLINES:

[Hot Springs Orthopedic Program Certified by Joint Commission](#)

[Show Your Coworkers You Care with an E-Card](#)

Upcoming Events

Local Gym Partners On-Site Throughout January

WEDNESDAY, JAN. 16

Hot Springs – Hot Springs Health & Fitness
Infirmiry – LA Fitness **North** – LA Fitness
Morrilton – Profile (Weight Loss Coaching)

Mammogram Party

Thursday, Jan. 31 | 4-6:30pm

Breast Center at the Doctors Building, Little Rock

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.

Well-Being

Begin Earning Easy 2019 Wellness Cash Today!

The 2019 Wellness Program started on Monday, Jan. 14. Your 2019 Wellness Program offers you (and your spouse on the medical plan) the opportunity to earn \$450 through a variety of programs. This year we've added many new opportunities, like the \$10 options listed to the right, for coworkers to earn and participate.

Where do I go to begin earning rewards? Visit the well-being pages through Inside CHI or click "National Well-being Website" under the "Well-being" tab on the Insider.

Earn \$10 When You:

- Connect Fitbit/Apple Watch
- Log into Wellness App
- Complete 10 Mindfulness Training Sessions

Earn \$50 When You:

- Take Lifestyle Survey
- Submit Biometric Screening
- Submit Preventive Screening

Facetime

Taylor Crow Recognized as Outstanding Emerging CPA



Congratulations to Taylor Crow, senior financial analyst at the Heart Institute, who was recognized by the Arkansas Society of Certified Public Accountants. The award recognizes a young CPA who has made significant contributions to the accounting profession and the community at large. Crow was awarded for his exemplary leadership skills and volunteer service.



OTHER HEADLINES:

[Gail Hudson Named Director of Infirmiry's Patient Access Operations](#)



Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenthealth.com



Brooke Copeland



Mary Galloway



Colt Atkins



Donna Fincher

Sometimes the care a patient needs goes beyond a medical treatment. That didn't stop Donna Fincher (and her husband) from helping an elderly couple in need. While caring for an elderly patient, Donna learned that they were needing a replacement refrigerator. Getting the refrigerator was not an issue for them financially, but it was logistically.

They had no way to have the refrigerator delivered, causing them concern that all their food would ruin. Donna and her husband not only delivered/installed the new refrigerator, but they hauled the old one away.

Now, that is an example of doing some "heavy lifting" to make sure our patients receive the care they need. Way to go, Donna!



Drew Miller



Amy Gates



Madison King

It is easy to get caught up in the hustle and bustle of the world, and holiday time can be extra chaotic, but Madison King didn't let that prevent her from paying attention to the needs of her patients and working tirelessly to make sure they have what they need.



Dr. John Mark Pabona