

WEEKLY

Featuring content from the channels of CHI St. Vincent

onespirit
COMMUNICATION



FEATURED PIC: Congratulations to 3N at the Infirmary. Leaders celebrated the unit for going 365 days without a CLABSI. Thanks to all for the hard work in achieving this milestone!

April 1, 2019



Find more online!

Visit onespiritblog.com for coworker stories & photos.

Must-Know

Food Drive Continues through Monday, April 8

Bring your donations! The Values in Action team is hosting a food drive to benefit the Arkansas Food Bank. All units will collect items in their own areas. Coworkers at each hospital will gather donations in the cafeteria on April 8. Clinics can work with Values in Action team members to arrange for donation pick ups.



OTHER HEADLINES:

[Shared Governance Holds Inaugural Summit](#)

Well-Being

Meal Prep for the Work Week

Between commuting, long days, and hurrying home to our families, we sometimes feel challenged to stay on plan at work. During this webinar, a WeightWatchers recipe developer shares meal prep tips, tricks and solutions for the work week. From grab-and-go breakfasts and desk lunches to snacking and office party strategies, you'll come away with a whole new appreciation for how WW Freestyle™ can fit into your busy work life. Visit onespiritblog.com for more details.



OTHER HEADLINES:

[Sign Up Now for 25th Annual Heart Walk on Saturday, April 27](#)

Facetime

Infirmary Collects Donations for Caring Hearts Pregnancy Center

We are truly blessed to work with some incredible people, and it's nice to periodically remind ourselves of just how wonderful our coworkers can be. They display all our core values of Reverence, Integrity, Compassion and Excellence in the work they do every day, and also in their every day lives. Donations were presented to Jennifer McBrayer and Karen Baker on March 7 by LAMP Council members.



OTHER HEADLINES:

[4East Named Hot Springs Team Service Hero](#)

[North's Late Night Rounding Cures "Midnight Munchies"](#)

Events & Perks

Best Cellar Frist Friday Sale

Friday, April 5 | 8am-1pm

All items 50% off at the Infirmary's Best Cellar located in on the ground floor.



Walks/Runs

Catholic High School Rocket 5K

Saturday, April 13 | 8am



25th Annual Heart Walk

Saturday, April 27 | 8:30am

(Northshore Riverwalk Park, North Little Rock)

Social Highlight

We appreciate all likes (and especially shares) for Facebook posts. Help continue to get the word out about our ministry.



CHI St. Vincent
March 26 at 7:00 AM

It's one thing to love what you do. It's something else to do it for 30 years. Sandra Schwarz nau celebrated 30 years with our Hot Springs hospital. Congratulations Sarah and thank you for your years of dedication to our patients. [#CHILivingOurMission](http://bit.ly/2FAIMdx)

ONESPIRITBLOG.COM
Sandra Schwarz nau Celebrates 30 Years in Hot Springs
Sandra Schwarz nau, an RN in Outpatient Department in Hot Springs,...

Christi Standridge Whately and 164 others · 18 Comments · 6 Shares

Lea Ann Barksdale Love working with this group of wonderful, strong and smart nurses! Way to go Sandra!
Like · Reply · 1d

Al Notter Congrats
Like · Reply · 21h

Sherry Christopher Housley Love Sandra!!! She's amazing 🎉🎉
Like · Reply · 1d

Thomas Hunley Congratulations Sandra!
Like · Reply · 1d

Becky Gay White Glad I get to work with you Sandra!
Like · Reply · 2d

Sharon Sue Tillery Congrats
Like · Reply · 2d

Share: Content for OneSpirit, including blog and photos can be submitted to: webmaster@stvincenhealth.com

HOT SPRINGS Dublin Room

Wednesday, April 17

7:30am, 10:30am, 2:30pm

Thursday, April 18

10:30am, 1pm

Friday, April 19

10am, 2:30pm

Saturday, April 20

10am

Monday, April 22

10:30am, 1:30pm

Wednesday, May 1

10:30am, 2:30pm, 3:30pm

Thursday, May 2

7:30am, 10:30am, 11:30am

Friday, May 3

7:30am, 10am, 1:30pm

MORRILTON Cafeteria

Sunday, April 14

6:15am, 7:15am

Monday, April 15

6:15am, 7:15am, 11am

Wednesday, April 17

7:15am, 11am, 3:15pm

Friday, April 19

11am

INFIRMARY Terrace Room

Tuesday, April 23

7:30am, 1pm, 3:30pm

Wednesday, April 24

6am, 7:30am

Thursday, April 25

10:15am, 2:30pm, 4:30pm

Friday, April 26

6:30am, 8am

Saturday, April 27

6:30am, 9pm, 10pm

Monday, April 29

7:30am, 1pm, 3:30pm

Tuesday, April 30

5:30am, 7am, 3:30pm

NORTH Admin Conf. Room

Wednesday, April 10

6:15pm

Thursday, April 11

7:15am, 11am

Friday, April 12

11am, 6:30pm

Tuesday, April 16

7am

Wednesday, April 17

6:15pm

MEDICAL GROUP

Central Arkansas

Wednesday, April 10

Morrilton - Primary Care

Noon

Wednesday, April 17

Lonoke - Primary Care - Noon

Friday, April 19

Diabetes / Endocrinology & Surgery Clinic - 3:30pm

Doctor's Building - Suite 802 Conference Room - Noon

Tuesday, April 23

Sherwood - Primary Care

Noon

Jacksonville - Primary Care

Noon

Thursday, April 25

Little Rock Diagnostic Clinic

7am, 11am, 12:30pm, 3:30pm

Friday, April 26

Little Rock Diagnostic Clinic

7am, 11am, 12:30pm, 3:30pm

Tuesday, April 30

University - Primary Care

11am & Noon

Thursday, May 2

Chenal - Primary Care - Noon

Little Rock - Parkview

Suite 450 - Noon

Hot Springs

Wednesday, April 10

Women's Center - Noon

270 West - Noon

Thursday, April 11

Conv. Care Clinic / Business Health / Community Care

6:30am

HSV - Primary Care - Noon

Friday, April 19

Primary Care - MOB

Dublin Room - 11:30am, 12:30pm

Friday, April 26

Ortho Clinic - 1:30pm

Wednesday, May 1

70 West - Primary Care - Noon

HSIM South - 12:30pm

HEART INSTITUTE

Breakrooms

HCA - North Little Rock

Wednesday, April 10

Noon

HCA - Hot Springs

Friday, April 12

Noon

HCA - Kanis

Friday, April 12

3:30pm

Monday, April 15

3:30pm

Tuesday, April 16

8am

Monday, April 22

Noon

Tuesday, April 23

11:30am

HCA - University

Thursday, April 18

8am

Cardiovascular Surgeons - LR

Monday, April 22

10am

Our Triple Crown



a great place to work



practice medicine



deliver excellent and compassionate care