



Catholic Health Initiatives

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Chocolate Quinoa with Cherries and Pistachios

Serves 4

Prep/cook time:

Approximately 40 minutes

Ingredients:

- 1 cup quinoa
- 2 cups almond milk
- ½ cup dried, unsweetened cherries
- ¼ cup cocoa powder
- 3 tbsp. agave nectar
- ⅓ cup unsalted pistachios, chopped



Delicious Breakfast

Directions:

Add quinoa and almond milk to sauce pan over medium heat and cover. Bring to a low boil and reduce to a simmer. Stir in cherries, cocoa powder and agave nectar. Let simmer for 15 - 20 minutes or until the milk is absorbed by the quinoa. Stir occasionally. Remove from heat and mix in pistachios. Great for breakfast!

Harvest of the Month
cherries