

Mango Frosty

*Serves 4 | Prep/cooking time:
Approximately 60 minutes*

Ingredients:

3 medium bananas, thinly sliced
2 cups frozen mango, chunked
1/4 cup coconut milk, unsweetened
1 tbsp. honey
1 tsp. vanilla extract
1/8 tsp. salt
2 tbsp. fresh lime juice



Cold Summer Treat

Directions:

Line cookie sheet with parchment paper. Place bananas on prepared sheet in a single layer. Freeze for at least 1 hour. Place all ingredients in a food processor and blend until smooth, occasionally stirring and scraping sides. Pour in glasses and eat this frosty treat right away!