

# Mushroom and Zucchini Sauté

Servings: 4 | Prep/cook time: about 15 minute

## Ingredients:

- 2 tsp. extra-virgin olive oil
- 2 small zucchini, julienned
- 1½ cups sliced mushrooms
- 2 tsp. chopped fresh oregano
- Salt & freshly ground pepper, to taste



## Directions:

1. Heat oil in a large nonstick skillet over high heat add zucchini stirring, for about 2 minutes.
2. Add mushrooms and oregano, cook until softened, about 1 minute, continue stirring. Season with salt and pepper.

