

Strawberry Frozen Yogurt

Servings: 4 | Prep/cook time: 5 minutes

Ingredients:

- 4 cups frozen strawberries
- 3 tbsp. honey
- ½ cup plain yogurt
- 1 tbsp. lemon juice



Directions:

1. Add all ingredients to a food processor (or blender). Blend for about five minutes, or until creamy.
2. Serve immediately or store in the freezer for up to 1 month in an airtight container.