

Greek Artichoke Dip*

Servings: 8 | Prep/cook time: about 12 minutes

Ingredients:

- 15 oz. canned artichoke hearts without oil, drained and rinsed
- 1 cup plus 6 tbsp. plain fat free Greek yogurt
- 2 tbsp. dill, chopped
- 1 tsp. garlic, minced
- 1 tsp. lemon zest
- 1 tsp. Kosher salt
- 1/8 tsp. black pepper



Directions:

1. Coarsely chop artichokes and place in a mixing bowl.
2. Stir in remaining ingredients.
3. Serve with fresh vegetables; serving size: 1/4 cup.

**This recipe comes from WW. SmartPoints: 1 on Green, 0 on Blue, 0 on Purple*

