

Cinnamon Roll Overnight Oats

Servings: 5 | Prep/cook time: 8 hours

Ingredients:

- 2 ½ cups old-fashioned oats
- 2 ½ cups unsweetened almond milk
- 8 tsp. brown sugar
- 2 ½ tsp. vanilla extract
- 1 ¼ tsp. ground cinnamon
- ½ tsp. salt



Directions:

1. In large bowl, stir together all ingredients.
2. Divide evenly between five jars.
3. Screw on lids and refrigerate overnight, or for up to 5 days.
4. In the morning, heat and enjoy.

