

Quick Pickled Onions

Servings: 1 cup | Prep/cook time: 2 hours

Ingredients:

- 1 medium red onion, thinly sliced
- ½ cup apple cider vinegar
- 1 cup water
- 1 tbsp. maple syrup
- 1½ tsp. salt



Directions:

1. Add all ingredients to bowl and mix together.
2. Leave out at room temperature for 2-3 hours. Store in refrigerator for no more than two weeks. Drain liquid before eating.