

Strawberry Rhubarb Popsicles

Servings: 8 | Prep/cook time: 45 minutes

Ingredients:

3 cups rhubarb (fresh or frozen), chopped
¼ cup sugar
3 tbsp. water
1 cup strawberry yogurt
½ cup unsweetened applesauce
¼ cup strawberries, diced
Popsicle molds



Directions:

1. In large saucepan, add rhubarb, sugar and water and bring to a boil. Reduce heat and simmer, uncovered for about 15 minutes, until mixture thickens. Remove 1 cup of rhubarb mixture and put in mixing bowl, let cool completely.
2. Add yogurt, applesauce and strawberries to rhubarb mixture and stir completely. Add about ¼ cup of mixture to each popsicle mold and insert holders. Freeze.