

Harvest of the Month: Pumpkin

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# Pumpkin Pie Yogurt

Servings: 1 | Prep/cook time: 5 minutes

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## Ingredients:

6 oz. plain yogurt  
¼ cup pumpkin puree  
¼ tsp. cinnamon  
¼ tsp. pumpkin pie spice  
½ tbsp. maple syrup



## Directions:

1. Add all ingredients to a bowl and stir until well mixed.
2. Add your favorite toppings.