

Sautéed Celery

Servings: 4 | Prep/cook time: 14 minutes

Ingredients:

2 cups celery, chopped
1 tsp. olive oil
1/2 tsp. garlic powder
Salt and pepper to taste



Directions:

1. Add olive oil and celery to frying pan and turn heat to high.
2. Once celery begins sizzling, stir and lower temp to medium to medium-high heat.
3. Cook until celery is tender, about 9 – 10 minutes, stirring frequently.
4. With about one minute remaining, mix in garlic powder, salt and pepper.